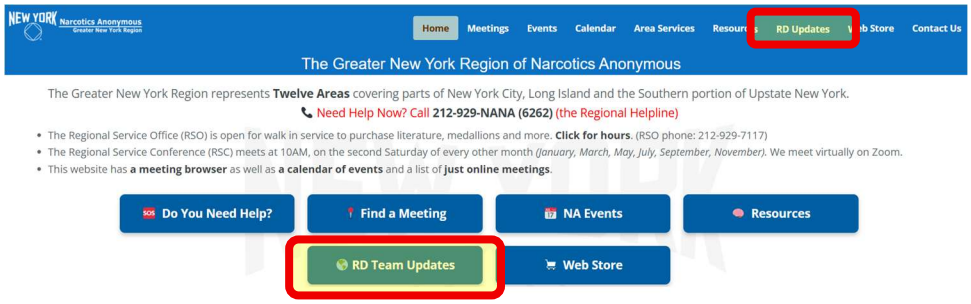
Narcotics Anonymous

0To: Greater New York Regional Service Committee (GNYRSC)
From: Greater New York Regional Delegate Team (RD Team)
Re: **Timely and Relevant Updates for the GNYRSC**
Date: November 14, 2026

- **Section I** includes action items which are concisely listed in date order for Regional Committee Members (RCMs) and Group Service Representatives (GSRs) to easily cascade.

- **Section II** includes general updates from the RD Team activities.
  - Visit the NEW **RD Team Updates section** of the regional website for even more information!



If you have any questions or want support in your area, please contact us at rd@newyorkna.org and rda@newyorkna.org.

Maurice and Kathleen

I. GET INVOLVED AND PARTICIPATE

1. November 21: **Group Project Webinar**. Join a webinar to discuss the current project on revising The Group Booklet, IP #2 The Group, and A Guide to Local Services. November 21 at 2pm EST. (Meeting ID: 848 6476 2273; Passcode: 1953).

2. November 30: **JFT Audio Project**. RCMs are to email the Regional Delegate (rd@newyorkna.org) with the name of one Area representative for a pool of 12 GNYR members to potentially be one of the four members to **record a JFT audio entry**.

3. December 1: **Sponsorship Day**. The two-way street of sponsorship is a loving, spiritual, and compassionate relationship that helps both the sponsor and sponsee. (IP #11, Sponsorship). Review the Sponsorship Day Flyer and think about how you want to recognize this day.

4. December 17: **Regional Delegate Team Open Forum**. We are seeking new ways to foster engagement with members in the GNYR. Please join us virtually Thursday, December 17 at 7pm EST (Meeting ID: 991 3279 5320; Passcode: GNYRSC).
   a. The **RD Team will share information** from the World Service Conference (WSC) and Northeast Zonal Forum (NEZF) meetings that we attend on behalf of the GNYR.
   b. **Members can share thoughts** on the current projects **and ask any questions** they may have about Projects, Surveys, Participation, etc.

5. December 2 and January 6: The **NEZF Sponsorship Behind the Walls** (SBTW) project will have meetings on December 2 and January 6 at 7pm EST (Meeting ID: 827 6617 5444; Passcode: NEZF). Any member who is interested in learning more about services related to sponsoring incarcerated members of Narcotics Anonymous is encouraged to attend.
   a. See the NEZF Projects Page for more information on the NEZF projects taking place.

6. NAWS Information and Projects: volunteer to **participate in worldwide NA projects** occurring in the 2026–2029 cycle.
    a. Review the NAWS fiscal year 2026 Contributions Report.
    b. Complete the Focus Group Volunteer Form and select the projects that interest you.
    c. Participate in the Group Project.
        i. As part of the **Revised Service Material project** this cycle, members, groups, and service bodies are encouraged to share their experience, ideas, and suggestions through the online input form.
        ii. Visit the page dedicated to the project and resources for groups for more info.
    d. Participate in the PR and H&I webinars to get updates on work underway and access resources to help your Areas. These are open to all members.
        i. **New WhatsApp groups for PR and H&I.** If you serve in Public Relations or Hospitals & Institutions, you may be interested in the NAWS WhatsApp communities. If you would like an invitation to join, send an email to pr@na.org (space is limited). Those who've already joined are sharing ideas for bringing people into service, efforts in their communities, and upcoming webinars.

II. RD TEAM ACTIVITIES AND GENERAL INFORMATION

1. **JFT Audio Project**
   NAWS is working on producing an audio version of Just For Today, NA's meditation book. It has delegated the recording of entries across the Zones throughout the world.

   The Northeast Zonal Forum (NEZF), which we are one of the 16 member regions of, has been allocated 53 readings to record. As such, the **GNYR has been allocated 3 or 4**.

   Keeping in mind that our diversity is our strength, we will select four people from the potential of 12 to ensure a diverse representation of our Region.
    a. November 30: the RD is requesting **1 person from each Area for a pool of no more than 12 people for consideration**. Send that information to rd@newyorkna.org.

       Important to note: It is up to each Area how they select their person, but keep in mind that the individual will need to come to the RSO at 154 Christopher Street in Manhattan to complete the recording if selected. Email rd@newyorkna.org for more information.

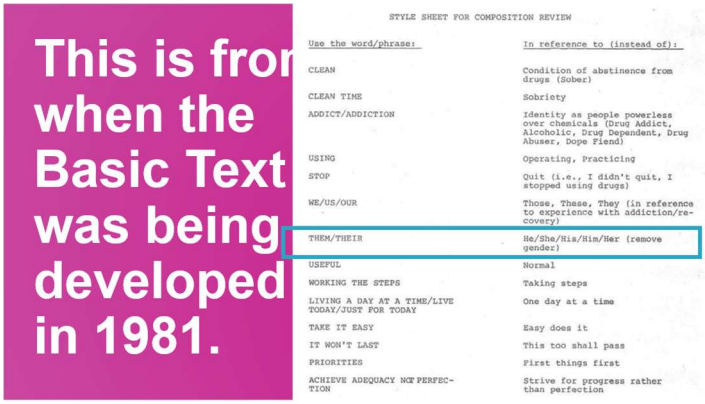
2. **World Service Conference (WSC) Conference Participant (CP) Meetings**
   The body splits into small groups, each of which focused on one of the two IDTs and brainstormed how to foster productive discussions, including what questions workshops should be asking. The RD Team attended the WSC CP meeting where we discussed two of the Issue Discussion Topics (IDTs) in our current 3-year cycle. ***We are holding an open forum to cascade this information to the region. See above***.
    a. September 19: Attracting Members to Service and Mentoring Them, and Area-level Service.
    b. November 7: How Regional Delegate teams are bringing the collaborative planning process to their regions and zones, and what is important to your Region or Zone?

3. **NAWS Webinars Since the September Report**
    a. September 31: The RD Team attended the Safety and Belonging: Gender-Neutral project webinar where World Board presented the **proposed IP #1 revision** and answered questions that people had about the process. **Some main points to clarify**:
        i. **Everything is still in draft – nothing is being changed in the IP or any recovery literature unless it is fellowship approved in the next CAR report.**
        ii. Groups should not take the liberty to change or alter the words of the approved literature in the meantime. If groups don't like the wording in some of the more

commonly used readings, they can choose to use excerpts from NA literature that is more reflective for their group.

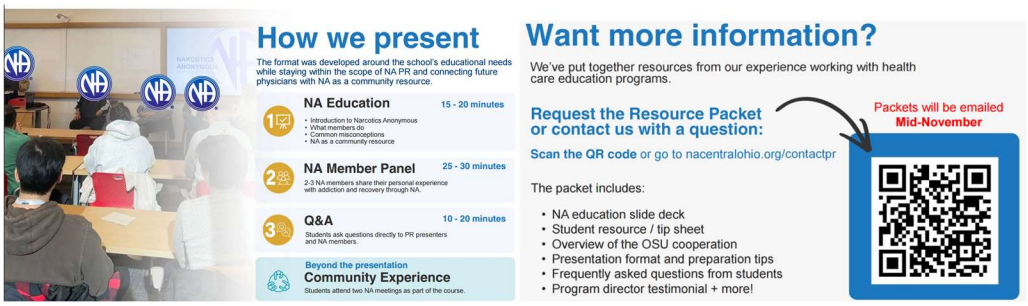
iii. Listen to the Audio Recording and review the PowerPoint for more information.

iv. The WB talked about historical references related to this topic: the 1981 style sheet from the early work creating our Basic Text, and a 1989 report from the World Literature Committee on gendered language, written at a time when motions on the subject were being considered by the World Service Conference. Both of those are posted on the project page. Scroll to the bottom and look in the Additional Historical Background section.



b. September 26: The RD Team attended the **Hospitals & Institutions Webinar**, which was excellent and very informative. 126 participants joined from across the world. The two main topics were 1) a new NA App for Prison Tablets and 2) Sponsorship Behind the Walls. We cascaded this information to the GNYR H&I Subcommittee as well. As it relates to the GNYR:
    a. Prison App: – no action needed for us related to getting the app on the tablets. NAWS is working with the few companies that provide tablets to the prisons to get it pre-loaded. It is in pilot for the US before it goes further.
        - Our team asked if this would eliminate NAWS sending hardcopy literature to inmates as part of the subsidized services and they said they would still provide literature when requested
    b. Sponsorship Behind the Walls – as we are looking for a solution to the inmate letters we receive at the GNYRSO, we inquired to a few regions that have well-established committees. Both Region 51 and the Arizona Region provided us with their policies and guidelines and offered to help us if/when the GNYR or the NEZF decides to establish something formally.
        - Our team asked for NAWS to review the H&I FAQ document they provided us with as the committee information seems to be out of date (another member concurred). The WB agreed to look into it.

c. October 10: The RD Team was not able to attend the Public Relations Webinar but has reviewed the notes and all of the information that was shared. The main points include:
    a. Participants discussed strategies for communicating with regional delegates to strengthen PR efforts.
    b. NAWS announced new PR and H&I WhatsApp groups available via QR code for fellowship-wide communication.
    c. The Central Ohio Region gave a presentation on conducting PR presentations for medical students. The Central Ohio PR subcommittee has educated nearly 2,400 future physicians over nearly eight years through a collaboration effort requested by the school.



4. **Northeast Zonal Forum (NEZF) Meetings We Attended since the September Report**
   a. September 27: The RD Team attended the NEZF Steering Committee Meeting to add the Sponsorship Behind the Walls agenda item to the October 23 workshop and provide context on the issue to be discussed.

   b. October 23 – 25: The RD Team attended the Northeast Zonal Forum **Strategic Planning Conference** for 2027-28. The full report is posted on the RD Team section of the GNYR website. Below is a summary of the main points to bring back to your Areas. ***We are holding an open forum to cascade this information to the region. See above***.

Financial Updates:

- Budget: The budgeting cycle was approved to go from a one-year plan to a two-year plan. As such, the Steering Committee will send the projected budget for the 2-year budget by December 31, so we will present that here at the January RSC meeting. That will be voted on at the April 2026 NEZF. May 1 starts the 2-year fiscal window
- Financial Reporting: a new Treasurer was elected There was a project launched to focus on finances and budgeting at the request of the body, requesting more detailed reports and transparency of where the funds go and how the actual spend aligns with the projected budgets submitted each year.
- Fund Flow: The RD Team gave the $1,000 annual contribution to NEZF (in accordance with the RSC Policy). There was a motion made to donate $5,000 to NAWS, but it did not pass because the budget had not been presented or approved, nor is there an established prudent reserve. The body agreed to revisit this in April once the budget is approved.

Strategic Planning Projects: the following 6 projects were kicked off after a session led by a member of the World Board and a previous RD and NEZF Chair. There is a carryover project that is still TBD for action. The NEZF summary is posted on the RD Team updates section of the GNYR website.

Each has a single point of accountability and must present the progress to NEZF in November to determine if they are viable projects to move forward:

1. Sponsorship Behind the Walls (develop guidelines and establish a committee)
2. Financial Planning project (guidelines for budgets, prudent reserve, fund flow)
3. Attraction through Engagement (helping regions grow, fill service positions)
4. Zonal Collaboration (join the US Collaboration of Zones (USCOZ) to utilize FD and PR projects) Note: NEZF voted to join the USCOZ as a participating Zone.
5. Members and Areas (connect the NEZF to the member regions – have members of the NEZF attend regional meetings to explain the part)
6. Regional Connection (NEZF to help regions that need support to build/establish subcommittees or other services)
7. (leftover project plan from last cycle) Service Helpline – create a centralized line for people to call and ask for service guidance.

Fellowship Development:

- Requests for Services: The FD team provides services to regions upon request, which is often where some of the NEZF funds go to. There is an official request form that we would need to submit and then the request is reviewed by the FD team and depending on timing, experience, and resources, they provide the services. This is something we can consider for help to put on a 11th tradition/anonymity in social media and flyers workshop if that is of interest to the body.
- New Chair: A newly elected Chair with prior experience seems to be excited and has a lot of plans, so we will update you more on their agenda next meeting.

5. **New NA App from NAWS**
   "My NA – Narcotics Anonymous": The new NAWS approved My NA app replaces the NA Meeting Search app. Here you will find a smoother, more friendly interface that will connect members with local meeting directories and a list of online meetings. **The app includes the Just for Today, SPAD, a clean time counter and a secure 10th Step inventory tool based on IP #9, Living the Program, with more features to come.** The update is rolling out gradually.
   a. To get it now, update the app manually or search "My NA – Narcotics Anonymous" in your app store.

6. **Seeking Proposed Solutions to Service Needs**
   The RD Team raised the topic of seeking a solution on how to handle requests from inmates who are requesting sponsorship behind the walls at the NEZF (refer to Addendum 1 to the September 2026 RD Team Report for more information)

   This was one of the many ideas presented and it received unilateral agreement that this is a service need in other regions as well.
   a. As noted in the NEZF section above, it was greenlit as a project for consideration.
   b. Kathleen T has been assigned the project lead to getting it started and will hand it off once the guidelines and committee are approved and in effect.
   c. Other members of the GNYRSC have also agreed to participate in the Ad Hoc Committee and hope the GNYR remains involved.
   d. Anyone who is interested in participating, see the SBTW Ad Hoc flyer for more information or contact rda@newyorkna.org

7. **GNYR Policy Review**
   The RD Team has been participating in the GNYR Policy Review meetings and have proposed changes specific to the RD Team. More information will be presented in the Policy markup that goes to the RSC.

8. **Upcoming Events**
   a. **Northeastern States Service Symposium of NA (NESSSNA) IV**

      April 2027: NESSSNA IV will be hybrid and held in upper NY State. This event provides an exciting series of workshops, presentations, and conversations related to all facets of Our Fellowship!

      The Northeastern States Service Symposium of Narcotics Anonymous (NESSSNA) gathers members from across our fellowship: Locally, Regionally, Nationally, and Internationally. NESSSNA offers a unique opportunity for the exchange of experience, strength, and hope between all members of Narcotics Anonymous fostering the magic of service. It's our fellowship, our responsibility.

      Go to NESSSNA.ORG for updated info. The flyer will be posted on our regional website.