

# NEW YORK Greater New York Region Of Narcotics Anonymous

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154 Christopher St. Suite 1A  
New York, New York 10014  
[newyorkna.org](http://newyorkna.org)

GNY Regional Services has been receiving inquiries about how groups in our Region should respond to the COVID-19 (coronavirus). Groups and members are concerned about health and safety issues and are looking for guidance on how to address these issues.

We do have some general experience to pass on regarding how some groups and members have begun to address this issue. By sharing this information with you we hope to assist groups in a constructive manner as you consider these issues while keeping the focus on our common welfare and our primary purpose.

Some groups have discussed making changes to how they conduct their meetings. Some examples have included: avoiding hugging or shaking hands or linking arms to close meetings; making sure hospitality tables are cleaned; or suspending food hospitality for the time being. Regardless of group decisions, which are made on a group by group basis in keeping with our Traditions, each member is responsible for their own health decisions and participation.

Some groups have considered contingency plans in case the group is temporarily unable to meet in person. Plans have included: creating contact lists and keeping in touch by phone, email or social media; meeting by phone or online. We are gathering online meeting information, which is available on the GNY Regional Website at [www.newyorkna.org](http://www.newyorkna.org). Providing members information for the GNYRSC Helpline (212 929- 6262) may also serve as a helpful resource.

If a group isn't holding its regular meetings or the meeting place is closed or moves to another location, please call the Regional Helpline at 212 929- 6262 or email at [helpline@newyorkna.org](mailto:helpline@newyorkna.org) with that information and we will make sure it gets posted on the Regional Website. We are also receiving information about upcoming N.A. events and service meetings and we will be coordinating updated information on the GNY Regional Website for changes to those events and meetings as well.

GNY Regional Services does not provide any guidance on health issues as that is outside the scope of the information that GNY Regional Services provides. For that information, members may want to consider contacting national, state and local health authorities for appropriate information. Please be assured that the health and safety of our members is a priority for GNY Regional Services. We thank you for this opportunity to serve as we navigate this difficult time together.