This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.

This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.

This meeting is wheelchair accessible.

This meeting is open to addicts and non-addicts alike. All are welcome.

This meeting has a format that changes for each meeting.

This meeting is focused on the needs of gay, lesbian and transgender members of NA.

This meeting is a speaker-only meeting. Other attendees do not participate in the discussion.

This meeting is focused on discussion of the Just For Today text.

This meeting invites participation by all attendees.

This meeting is based upon a topic chosen by a speaker or by group conscience.

This meeting is focused on discussion of the Twelve Steps of NA.

Please do not bring children to this meeting.

This meeting is held in a facility that has surveillance cameras.

This meeting is focused on discussion of the Twelve Traditions of NA.

This meeting is held in a facility that requires visitors to provide ID to enter.

This is a discussion of the NA book Living Clean -The Journey Continues.

This meeting is focused on discussion of one or more Informational Pamphlets.

This meeting is focused on topics encountered by men in NA.

This meeting has sharing time limited by a timer.

This meeting is focused on the needs of younger members of NA.

Smoking is not allowed at this meeting.

This meeting is held by candlelight.

Nallogics Anonymous Meetings
In Manhattan

Regional Helpline: (212) 929-NANA (6262)
NYCASC Web Site: http://nycna.org

Name

Phone #

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Wednesday (Continued)

3:00 PM

Uptown Men’s Meeting (C,M,RF,WC)
E 100s
Reach Out Baptist Church, (Btw 110th & 111th Streets), 2152 2nd Avenue

3:30 PM

ABC’s to Recovery (O,B)
East Village
All Saints Church, Basement, (Btw 2nd & 3rd Aves), 206 E 11th St

3:45 PM

Women Kickin’ it Live (W,O,St,To,D)
Harlem
Pillars Recovery Center, (Between 124th & 125th Sts. Lower Level), 289 St. Nicholas Ave. Women Only

4:30 PM

All Kinds of Relationships (O,To)
Harlem
PS 194, Cafeteria, (Btw 7th & 8th Aves) (meeting is closed for summer of 2016 and will reopen the third week of September) Meeting is Closed on All School Holidays, 2205 W 141st Street

4:30 PM

Westside Women (C,W,To,CH)
W 30s
St. Francis of Assisi, Adult Education Center, Room 5, (Btw 6th & 7th Aves), 193 W 31st St

7:00 PM

Men Living Clean, The Journey Continues (L,C,CM,BK)
Washington Heights
Colegiate Reformed Church, (Corner of Fort Washington), 729 West 181st Street Anniversary’s are held on the third week of the month

7:00 PM

Men Supporting Men (C,M,RF)
Central Harlem
St. Mary’s Episcopal Church, (between Old Broadway & Amsterdam Ave), 521 West 26th St

7:00 PM

High on Life 1 (O,RF,WC)
E 100s
East River Houses Community Ctr, (Btw 7th & 8th Aves & FDR Drive), 404 E 163rd St

7:00 PM

Recovery on the Lower East Side (O,B,BK,RF,WC)
Lower East Side
St. Teresa’s Church, (Btw Rutgers and Pike Sts.), 141 Henry St.

7:15 PM

Breaking the Chains - Men’s Group (O,M,SD,BL,WC)
Murray Hill
Friend’s House, (@ Lexington Ave.), 130 E 25th St

7:30 PM (1 hour and 15 minutes)

Our Whole Lives Ahead of Us: Youth Meeting (ID,O,Y,RF,TF)
Greenwich Village
Seventh Day Adventist Church, (Btw West 46th St. & Waverly Pl. Just off of 7th Ave South), 232 11th Street

7:30 PM

New Attitudes (C,S,WC)
W 120s
Christian Parish House, Basement East Side (Btw 12th & 2nd Aves), 2044 7th Ave

8:30 PM

ABC Steps to Recovery (O,St)
East Village
All Saints Ukrainian Church, (Btw 2nd and 3rd Ave), 206 East 11th St.

Thursday

7:30 AM

7AM Wake-up (O,B,NC,WC)
East Village
Washington Square Institute - 4th Floor, (Between Washington Square & University Place), 41 11th East Street

7:30 AM

Let There Be Life (O,Pl)
Harlem
Saint Marks United Methodist Church, (Btw 137th and 138th Streets), 49-55 Edgecombe Avenue

12:30 PM (1 hour)

Meditation Lunch (O,D)
City-As-Sesc
New York Insight Meditation Center, 28 26th West 27th Street, 10th Floor Silent meditation. No speaker.

1:00 PM (1 hour)

Living Free (C,ST,CH)
East Village
Town & Village Synagogue, Ground Floor Auditorium, (Btw 1st & 2nd Aves.), 334 E. 14th St.

1:30 PM (1 hour)

West Side Recovery (O,BK,ST,To,WC)
St. Francis Adult Education Center, Room 3, (Btw 6th & 7th Ave.), 193 West 31st Street

2:00 PM

Keeping it Simple (O,B,WC)
W 110s
Create Inc., Basement, (Btw W 113th & W 114th Sts), 73-75 Lenox Ave

3:00 PM

Manhattan 3 O’Clock Group (O,B,RF)
Saint Francis Assisi Church - Education Building Room #3, (Btw 6th & 7th Aves. Entrance to the left of the church.), 193 West 31st Street

5:00 PM

We Can Do It (O,B,RF,ST)
West 120s
St. Mary’s Church, (Between Amsterdam and Old Broadway), 512 West 126th street

5:15 PM

No Matter What (O,RF,To,WC)
Harlem
Housing Works, Ground Floor, (Btw Aves C&D), 743 E 9th St

5:30 PM

Algining Recovery (C,To,SD)
Harlem
Rosa Parks Building, (Between 118th and 119th Streets), 163 St. Nicholas Avenue

6:15 PM (1 hour and 15 minutes)

Second Lives (C,St)
SoHo
Blindiden, (Bwtn Canal and Lispenard St.), 283 West Broadway

6:30 PM

Seize the Day (ID,C,BK,RF,Rr,ST,JT)
East Village
Robert Wagner Middle School, (between 2nd and 3rd Avenues; downtowns; Teachers’ Lounge), 220 E 72nd Street 1st Thursday is a step meeting. Every other Thursday is JFT.

7:00 PM

Recurring Themes (O,To,WC)
East Village
Bernstein Pavilion, Beth Israel Hospital/Conference room A, (15th St. near 2nd Ave.), 10 Nathan Perlman Pl.

7:00 PM

Recovery in the Lower (O,TL,SC,WC)
East Village
LESC House, (Between A ve. B and C), 663 East 3rd Street

7:00 PM

The Solution Group (ID,C,To)
Greenwich Village
City-As-School, (1st floor lunch room), 16 Clarkson Street

7:00 PM

Miracles on 104th Street (C,ST,Bl)
Spanish Harlem
Church of Living Hope, (Btw, Lexington and 3rd Avenue), 161 East 104th Street

8:00 PM

Hope in the Projects (O,B,WC)
W 110s
Martin Luther King Center, Community Rm, (@9th Ave), 2 W 115 St

7:00 PM

Convent Group (O,RF)
W 120s
St Mary’s Episcopal Church, Basement, (Btw Broadway & Amsterdam Ave), 521 W 126th St

Thursday (Continued)

7:00 PM

It Starts Here (O,RF,WC)
W 80s
Volunteers of America, (Btw West End & Riverside), 340 W 85th St

7:00 PM

Washington Heights Group (O,B)
Washington Heights
St Elizabeth’s Episcopal Church, Recitory, (@187th St), 268 Wadsworth Ave

7:45 PM (1 hour and 15 minutes)

Practicing Principles (C,St,Tr,WC)
Soho
Hazelden, (Lower room), 283 West Broadway

8:15 PM

I’d Rather Be Here (C,RS,SD,WC)
Soho
Houston Street Center/University Settlement, ( @ (E. House St, check at front desk for room number), 273 Bowery

Friday

7:30 AM

7AM Wake-up (O,B,NC,WC)
W 150s
Ready Willing & Able, (@156th St), 2960 8th Ave
Children UNDER 18 NOT Permitted

9:00 AM

9 AM Wake-up (O,B)
East Village
Washington Square Institute - 4th Floor, (Between Washington Square & University Place), 41 11th East Street

9:30 AM

Let There Be Life (O,Pl)
Harlem
Saint Marks United Methodist Church, (Btw 137th and 138th Street), 49-55 Edgecombe Avenue

7:00 PM

Washington Heights Group (O,B)
Washington Heights
St Elizabeth’s Episcopal Church, Recitory, (@187th St), 268 Wadsworth Ave

7:45 PM (1 hour and 15 minutes)

Practicing Principles (C,St,Tr,WC)
TriBeCa
Hazelden, (Lower room), 283 West Broadway

9:15 PM

I’d Rather Be Here (C,RS,SD,WC)
Soho
Houston Street Center/University Settlement, ( @ (E. House St, check at front desk for room number), 273 Bowery

Saturday

9:30 AM

Early Morning Serenity (O,RF,EF)
E 100s
Church of Resurrection, (Between 1st and 2nd Ave.), 325 East 101st Street

10:00 AM

AM Recovery (O,RF)
Harlem
Ready Willing And Able Building cafeteria, (Btw 156th & 154th), 290 Frederick Douglass Ave
Children UNDER 18 NOT Permitted

10:00 AM

Recovering in Washington Heights (C,RF)
Washington Heights
Colegiate Reformed Church, (@Ft Washington Ave), 729 W 181st St

11:00 AM

Men’s Meeting (C,M,RF)
East Village
St. Joseph’s Church, (Btw 1st & York Ave.), 404 E 87th St.

11:00 AM

AM Recovery (O,RF)
Harlem
Ready Willing And Able Building cafeteria, (Btw 156th & 154th), 290 Frederick Douglass Ave
Children UNDER 18 NOT Permitted

11:00 AM

Recovering in Washington Heights (C,RF)
Washington Heights
Colegiate Reformed Church, (@Ft Washington Ave), 729 W 181st St

12:00 PM

Women Learning HOW (O,B,RF,WC)
Harlem
Saint Marks United Methodist Church, (Btw 137th and 138th Street), 49-55 Edgecombe Ave
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:00 PM</td>
<td>Life Begins Again (O,B,WC)</td>
<td>East Harlem Jefferson Community Center, (@ 113th St.), 2205 1ST AVENUE</td>
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<tr>
<td>3:00 PM</td>
<td>Soho Serenity (C,BK,Rr,JT,NC,WC)</td>
<td>Soho Hazeldon, (Btwn Canal and Lispenard St.), 283 West Broadway</td>
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<tr>
<td>3:00 PM</td>
<td>Stepping in the Mix (C,RF,WC)</td>
<td>W 150s Rev John J Sass Plaza, 1st fl Back Rec Rm, (Btwn 8th Ave and McCombs), 267 W 152nd St</td>
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<tr>
<td>3:00 PM</td>
<td>The Journey Continues Group (C,BK,NS,WC)</td>
<td>Washington Heights Senior Citizen Center, (Near West 201st), 3782 10th Avenue</td>
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<td>4:00 PM</td>
<td>Recovery in East Harlem (C,RF,WC)</td>
<td>E 110s Greenhope Housing, (Btwn 1st &amp; Pleasant Aves), 418 E 119th St</td>
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<tr>
<td>4:30 PM</td>
<td>Westside Serenity (C,RF)</td>
<td>Upper West Side Holy Name Church, Basement, (Btwn Bway &amp; Amsterdam Ave), 207 W 96th Street</td>
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<tr>
<td>5:30 PM</td>
<td>Women on The Journey (C,W,St)</td>
<td>East Village Marion Agnes House, 2nd floor, (Between Ave A &amp; B), 206 East 4th Street</td>
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<tr>
<td>6:00 PM</td>
<td>Serenity on Saturday (C,GL,RF,NS,NC)</td>
<td>Greenwich Village LGBT Center, 208 West 13th Street room 207</td>
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<tr>
<td>6:30 PM</td>
<td>Angels with Dirty Faces (L,C,NC)</td>
<td>Upper West Side West Park Presbyterian Church, (Between Amsterdam &amp; Columbus Aves.), 165 West 86th Street</td>
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<tr>
<td>6:30 PM</td>
<td>It Can Be Done (C,B)</td>
<td>W 150s Ready, Willing &amp; Able - Harlem, (@156th St), 2960 Frederick Douglass Blvd</td>
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<tr>
<td>7:30 PM</td>
<td>West Side en Recuperacion (O,ES,B,St,Tr)</td>
<td>St. Elizabeth Church, 268 Wadsworth Avenue</td>
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<tr>
<td>8:00 PM</td>
<td>Freedom From Addiction (O,RF,WC)</td>
<td>E 110s Peter J Sharp Residence, Basement, (Btwn 2nd &amp; 3rd Aves), 223 E 117th St</td>
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<tr>
<td>9:00 PM</td>
<td>Hell’s Kitchen (C,St)</td>
<td>W 50s Trinity Presbyterian Church, (Btwn 9th &amp; 10th Aves), 422 W 57th St</td>
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NYCASC Meeting Info:
2:00 PM, third Sunday of every month
12:30PM for Steering Committee
Greater New York Regional RSO
154 Christopher Street, Suite 1A
(Between Washington & Greenwich)
Manhattan, NY 10014

MASC Meeting Info:
10:00 AM, first Saturday of every month
EM Moore Houses (Basement)
160 W 116th St
Manhattan, NY 10026