This meeting is open to addicts and non-addicts alike. All are welcome.

This meeting has a format that changes for each meeting.

This meeting is wheelchair accessible.

This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.

This meeting is focused on discussion of the Twelve Steps of NA.

Please do not bring children to this meeting.

This meeting is held in a facility that has surveillance cameras.

This meeting invites participation by all attendees.

This meeting is based upon a topic chosen by a speaker or by group conscience.

This meeting has a format that consists of each person who shares picking the next person.

This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.

Approved N.A. Books

This meeting is focused on the needs of gay, lesbian and transgender members of NA.

This meeting is a speaker-only meeting. Other attendees do not participate in the discussion.

This meeting is focused on discussion of the Just For Today text.

This meeting is focused on the needs of new members of NA.

This meeting has a fixed sharing order (usually a circle.)

This meeting is conducted in Spanish.

This meeting is focused on topics encountered by women in NA.

Children are welcome at this meeting.

This meeting gathers in a facility that is usually closed on holidays.

This meeting is focused on the needs of younger members of NA.

Smoking is not allowed at this meeting.

This meeting is held by candlelight.

**NYCASC Mailing Address:**

PMB # 329  
70-A Greenwich Ave.  
New York, NY 10011  
email: meetinglist@nycna.org

**MASC Mailing Address:**

P.O Box 8391  
JAF Station  
New York, NY 10001

---

### Narcotics Anonymous Meetings In Manhattan

Regional Helpline: (212) 929-NANA (6262)  
NYCASC Web Site: [http://nycna.org](http://nycna.org)
Sunday

10:00 AM  Morning Sunday Wake Up (O,RF,WC) E 110s Jefferson Community Ctr, (@113th St), 2205 1st Ave
10:30 AM  Flower Meditation (O,RF,WC) E 110s
11:00 AM  Sunday Service (O,RF,WC) E 110s
12:00 PM  Sunday Lunch (O,RF,WC) E 110s

Monday

7:30 AM  Wake-up (O,B,N,C,WC) W 150s Ready Willing & Able (Children 17 & under not permitted), (@156th St), 2960 8th Ave (Children UNDER 18 NOT permitted)
8:00 AM  Sunday School (O,RF,WC) E 110s Jefferson Community Ctr, (@113th St), 2205 1st Ave
9:00 AM  Worship Service (O,RF,WC) E 110s
10:30 AM  Childcare (O,RF,WC) E 110s
12:00 PM  Sunday Lunch (O,RF,WC) E 110s

Tuesday

7:30 AM  Wake-up (O,B,N,C,WC) W 150s Ready Willing & Able, (@156th St), 2960 8th Ave (Children UNDER 18 NOT permitted)
8:00 AM  Sunday School (O,RF,WC) E 110s Jefferson Community Ctr, (@113th St), 2205 1st Ave
9:00 AM  Worship Service (O,RF,WC) E 110s
10:30 AM  Childcare (O,RF,WC) E 110s
12:00 PM  Sunday Lunch (O,RF,WC) E 110s
Wednesday (Continued)

6:30 PM
Uptown Men’s Meeting (C,M,RF,W,C)
East Village
Reach Out Baptist Church, (Btw 110th & 111th Streets), 2152 2nd Avenue

6:30 PM (1 hour)
ABC's to Recovery (O,B)
East Village
All Kinds of Relationships (O,Ta),
Harlem
PS 194, Cafeteria, (Btw 7th & 8th Aves) (meeting is closed for summer of 2016 and will reopen the third week of September) Meeting is Closed on All School Holidays.

6:30 PM
Women Kickin’ it Live (O,W,St,To,D)
Harlem
Pillars Recovery Center, (Between 124th & 125th Sts. Lower Level), 289 St.
Nicholas Ave.

6:30 PM
Westside Women (C,W,To,CH)
W 30s
St. Francis’s of Assisi, Adult Education Center, Room 5, (Btw 6th & 7th Aves), 139 W 31st St.

6:30 PM
Men Living Clean, The Journey Continues (L,C,M,BK)
Washington Heights
Colegiate Reformed Church, (Corner of Fort Washington), 729 West 181st Street
Anniversary’s are held on the third week of the month.

7:00 PM
Men Supporting Men (C,M,RF)
Central Harlem
St. Mary’s Episcopal Church, (between Old Broadway & Amsterdam Avenue), 521 West 126th St.

7:00 PM
High on Life 1 (O,RF,W,C)
E 100s
East River Houses Community Ctr, (Btw 1st Ave & FDR Drive), 404 E 163rd St.

7:00 PM
Recovery on the Lower East Side (O,B,BK,RF,WC)
Lower East Side
St. Teresa’s Church, (Btw Rutgers and Pike Sts.), 141 Henry St.

7:15 PM
Breaking the Chains - Men’s Group (O,M,SD,BL,WC)
East Harlem
Murray Hill
Friend’s House, ( @ Lexington Ave.), 130 E 25th St.

7:30 PM (1 hour and 15 minutes)
Our Whole Lives Colleage Ahead of Us: Youth Meeting (I,D,YP,RF,TL)
Greenwich Village
Seventh Day Adventist Church, (Btw West 46th St. & Waverly Pl./ Just off of 7th Ave South), 232 11th Street

7:30 PM
New Attitudes (C,St,WC)
W 120s
Christian Parrish House, Basement Side Entrance, ( @W 122nd St), 2044 7th Ave.

8:30 PM
ABC Steps to Recovery (O,St)
East Village
All Saints Ukrainian Church, (Btw 2nd and 3rd Ave), 206 East 11th St.

Thursday

7:30 AM
7AM Wake-up (O,B,NC,WC)
W 120s
Ready Willing & Able, (@156th St), 2960 8th Ave
Children UNDER 18 NOT PERMITTED

9:00 AM
9 AM Wake-up (O,B)
East Village
Washington Square Institute - 4th Floor, (Between Broadway & University Place), 41 East 11th Street

9:30 AM
Let There Be Life (O,Pl)
Harlem
Saint Marks United Methodist Church, (Btw 177th and 139th Street), 49-55 Edgemere Avenue

12:30 PM (1 hour)
Meditation Lunch (O,D)
Chelsea
New York Insight Meditation Center, 28 West 27th Street, 10th Floor
Silent Meditation. No speaker.

1:00 PM
Living Free (C,St,CH)
East Village
Town & Village Synagogue, Ground Floor Auditorium, (Btw 1st & 2nd Ave.), 334 E 14th St.

1:00 PM (1 hour)
West Side Recovery (C,BK,St,To,WC)
Midtown
St. Francis Adult Education Center, Room 3, (Btw 6th & 7th Ave.), 139 West 31st Street

2:30 PM
Keeping it Simple (O,WC)
W 110s
Create Inc., Basement, (Btw W 113th & W 114th Sts), 73-75 Lenox Ave.

3:00 PM
Manhattan 3 O’Clock Group (O,B,RF)
West Harlem
Saint Francis Assisi Church - Education Building Room #3, (Btw 6th & 7th Aves. Entrance to the left of the church.), 139 West 116th Street

5:00 PM
We Can Do It (O,B,RF,NS)
West 120s
St. Mary’s Church, (Between Amsterdam and Old Broadway), 512 West 126th street

5:15 PM
No Matter What (O,RF,To,WC)
East Village
Housing Works, Ground Floor, (Btw Aves C&D), 434 E 9th St.

5:30 PM
Alcohol In Recovery (C,To,SD)
Harlem
Rosa Parks Building, (Between 118th and 119th Streets), 163 St. Nicholas Avenue

6:15 PM (1 hour and 15 minutes)
Second Lives (C,St)
Soho
Helden, (Bwn Canal and Lepinster St.), 283 West Broadway

6:30 PM
Seize the Day (I,D,C,BK,RF,Rr,St,LT)
Upper West Side
Robert Wagner Middle School, (between 2nd and 3rd Avenues; downtowns; Teachers' Lounge), 220 76th Street
Thursday is a step meeting. Every other Thursday is JFT.

7:00 PM
Recycling in the Lower East (O,Ti,SC,WC)
Lower East Side
St. Francis Assisi Church - Education Building Room #3, (Btw 6th & 7th Aves. Entrance to left of church.), 139 West 31st Street

5:15 PM
No Matter What (O,RF,To,WC)
East Village
Housing Works, Ground Floor, (Btw Aves C&D), 434 E 9th St.

6:30 PM
Courage to F.E.A.R. (O,D)
East Village
South Street Seaport
St. Margaret’s House, (Bwn Clip & Pearl St.), 49 Fulton St., room # 1

6:00 PM
Friday Focus (C,RF,WC)
Greenwich Village
First Presbyterian Church, 2nd Fl. (@ 5th Ave.), 12 W. 12th St.

6:00 PM
You Get What You Need (O,B)
Upper East Side
St Joseph’s Church, Basement, (Btw 1st & York Ave.), 404 E. 76th St.

6:30 PM
Recovery at the Rio (O,RF,WC)
Washington Heights
Private Bldg, 530 West 178th Street

8:00 PM
Candlelight on Madison (L,C,C,BK,CL,CH)
East 100’s
( @108th St-Community Center), 1589 Madison Ave
My Open Holiday and during public school breaks. Changing to Living Book study starting March 2, 2018.

7:30 PM (1 hour)
Finally Found a Home (O,RF,WC)
Lower East Side
Middle Collegiate Church, (Between 1st & 2nd Aves.), 50 E. 7th St.

Saturday

9:30 AM
Early Morning Serenity (O,B,RF)
E 100s
Church of Resurrection, (Between 1st and 2nd Ave.), 325 East 101st Street

10:00 AM
Mid AM Recovery (O,RF)
Harlem
Ready Willing And Able Building Cafeteria, (Btw 156th & 154th), 290 Frederick Douglass Avenue
Children UNDER 18 NOT PERMITTED

10:00 AM
Recovering in Washington Heights (C,Fr)
Washington Heights
Colegiate Reformed Church, ( @ Ft Washington Ave), 729 W 181st St.

noon
Men’s Meeting (C,M,Fr)
East Village
Saint Brigid’s Church, (Btw 7th & 8th St.), 521 East 11th St.

12:15 PM
Women Learning HOW (O,RF,WC)
Harlem
Saint Marks United Methodist Church, (Btw 137th and 138th Street), 49-55 Edgemere Avenue
### Saturday (Continued)

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:00 PM</td>
<td>Life Begins Again (O,B,WC)</td>
<td>East Harlem, Jefferson Community Center, (@ 113th St.), 2205 1ST AVENUE</td>
</tr>
<tr>
<td>3:00 PM</td>
<td>Soho Serenity (C,BK,Rr,JT,NC,WC)</td>
<td>Soho Hazeldon, (Btwn Canal and Lispenard St.), 263 West Broadway</td>
</tr>
<tr>
<td>3:00 PM</td>
<td>Stepping in the Mix (C,RF,WC)</td>
<td>W 150s Rev John J Sass Plaza, 1st fl Back Rec Rm, (Btwn 8th Ave and McCombs), 267 W 152nd St</td>
</tr>
<tr>
<td>3:00 PM</td>
<td>The Journey Continues Group (C,BK,NS,WC)</td>
<td>Washington Heights, Senior Citizen Center, (Near West 201st), 3782 10th Avenue</td>
</tr>
<tr>
<td>4:00 PM</td>
<td>Recovery in East Harlem (C,RF,WC)</td>
<td>E 110s Greenhope Housing, (Btwn 1st &amp; Pleasant Aves), 418 E 119th St</td>
</tr>
<tr>
<td>4:30 PM</td>
<td>Westside Serenity (C,RF)</td>
<td>Upper West Side, Holy Name Church, Basement, (Btwn Bway &amp; Amsterdam Ave), 207 W 96th Street</td>
</tr>
<tr>
<td>5:30 PM</td>
<td>Women on The Journey (C,W,St)</td>
<td>East Village Marion Agnes House, 2nd floor, (Between Ave A &amp; B), 206 East 4th Street</td>
</tr>
<tr>
<td>6:00 PM</td>
<td>Serenity on Saturday (C,GL,RF,NS,NC)</td>
<td>Greenwich Village LGBT Center, 208 West 13th Street room 207</td>
</tr>
<tr>
<td>6:30 PM</td>
<td>Angels with Dirty Faces (LC,C,NC)</td>
<td>Upper West Side West Park Presbyterian Church, (Between Amsterdam &amp; Columbus Aves.), 165 West 86th Street</td>
</tr>
<tr>
<td>6:30 PM</td>
<td>It Can Be Done (C,B)</td>
<td>W 150s Ready, Willing &amp; Able - Harlem, (@156th St), 2960 Frederick Douglass Blvd</td>
</tr>
<tr>
<td>7:30 PM</td>
<td>West Side en Recuperacion (O,ES,B,St,Tr)</td>
<td>St. Elizabeth Church, 268 Wadsworth Avenue</td>
</tr>
<tr>
<td>8:00 PM</td>
<td>Freedom From Addiction (O,RF,WC)</td>
<td>E 110s Peter J Sharp Residence, Basement, (Btwn 2nd &amp; 3rd Aves), 223 E 117th St</td>
</tr>
<tr>
<td>9:00 PM</td>
<td>Hell’s Kitchen (C,St)</td>
<td>W 50s Trinity Presbyterian Church, (Btwn 9th &amp; 10th Aves), 422 W 57th St</td>
</tr>
</tbody>
</table>

### NYCASC Meeting Info:

- **2:00 PM**
- Third Sunday of every month
- Greater New York Regional RSO
- 154 Christopher Street, Suite 1A
- (Between Washington & Greenwich)
- Manhattan, NY 10014

### MASC Meeting Info:

- **10:00 AM**
- First Saturday of every month
- EM Moore Houses
- (Basement)
- 160 W 116th St
- Manhattan, NY 10026