

# The Twelve Steps

- 1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.*
- 2. We came to believe that a Power greater than ourselves could restore us to sanity.*
- 3. We made a decision to turn our will and our lives over to the care of God as we understood Him.*
- 4. We made a searching and fearless moral inventory of ourselves.*
- 5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.*
- 6. We were entirely ready to have God remove all these defects of character.*
- 7. We humbly asked Him to remove our shortcomings.*
- 8. We made a list of all persons we had harmed and became willing to make amends to them all.*
- 9. We made direct amends to such people wherever possible, except when to do so would injure them or others.*
- 10. We continued to take personal inventory and when we were wrong promptly admitted it.*
- 11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.*
- 12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.*

# The Twelve Traditions

- 1. Our common welfare should come first; personal recovery depends on NA unity.*
- 2. For our group purpose there is but one ultimate authority -a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.*
- 3. The only requirement for membership is a desire to stop using.*
- 4. Each group should be autonomous except in matters affecting other groups or NA as a whole.*
- 5. Each group has but one primary purpose -to carry the message to the addict who still suffers.*
- 6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.*
- 7. Every NA group ought to be fully self-supporting, declining outside contributions.*
- 8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.*
- 9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.*
- 10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.*
- 11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.*
- 12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.*

Eastern Long Island Area  
<sup>of</sup>  
**Narcotics Anonymous**  
**NA Meeting List**  
*Revised September, 2021*



**Helpline: (631) 689-NANA (6262)**  
**Web Site: <http://easternlina.org>**

### Format Key

<b>O</b> Open	<b>HY</b> Hybrid Meeting	<b>SD</b> Speaker/Discussion
<b>C</b> Closed	<b>IL</b> Illness	<b>SL</b> ASL
<b>B</b> Beginners	<b>IP</b> Informational Pamphlet	<b>So</b> Speaker Only
<b>BK</b> Book Study	<b>IW</b> It Works -How and Why	<b>St</b> Step
<b>BT</b> Basic Text	<b>JT</b> Just for Today	<b>TC</b> Temporarily Closed Facility
<b>CH</b> Closed Holidays	<b>LC</b> Living Clean	<b>Ti</b> Timer
<b>CL</b> Candlelight	<b>M</b> Men	<b>To</b> Topic
<b>CS</b> Children under Supervision	<b>ME</b> Meditation	<b>Tr</b> Tradition
<b>CW</b> Children Welcome	<b>NC</b> No Children	<b>VM</b> Virtual Meeting
<b>D</b> Discussion	<b>OE</b> Open-Ended	<b>W</b> Women
<b>ENC</b> English speaking	<b>Pi</b> Pitch	<b>WC</b> Wheelchair
<b>FD</b> Five and Dime	<b>RF</b> Rotating Format	<b>WEB</b> Online Meeting
<b>GL</b> Gay/Lesbian/Transgender	<b>Rr</b> Round Robin	

Name	Phone #

*The information in this list was as accurate as possible at the time of printing. Occasionally, groups may move or change their time. If you go to a listed meeting and it is not there, please go to another meeting.*

**Monday**

**1:00 AM (24 hours)**  
**N.A.N.A. 24/7**  
**(C,BK,ENG,IW,Pi,RF,St,Tr,VM)**

*Meetings Every Hour on the Hour*

**Commack**  
**9:00 AM (2 hours)**  
**Early Morning Basics (O,BK,D,JT)**  
 Commack United Methodist Church,  
 486 Town Line Rd

**Sayville**  
**12:30 PM**  
**Recovery Can Happen (online)**  
**(O,B,BK,BT,JT,Pi,VM)**  
 St. Johns Lutheran Church, 48  
 Greene Ave

**Hicksville**  
**1:00 PM (1 hour)**  
**Hopeful in Hicksville (O,D,Pi,RF,To)**  
 Parkway Community Church, 95  
 Stewart Ave.

**1:00 PM**  
**Virtually Hopeful (O,D,Pi,To,VM)**  
 Virtual Only,

**Hicksville**  
**6:30 PM (1 hour)**  
**Living Clean (C,BK,D,TC,VM,WEB)**  
 Parkway Community Church, 95  
 Stewart Ave. (upstairs)

**Sag Harbor**  
**6:30 PM (1 hour)**  
**Talking on the Topic (O,Rr,WEB)**  
 Christ Episcopal Church hall next door  
 upstairs, (At the corner of East Union  
 Street in the village of Sag Harbor,  
 New York.), 5 Hampton Street

**Greenlawn**  
**7:00 PM**  
**Nights of Recovery (C,D,SD)**  
 Knights of Columbus-Greenlawn, 24  
 Boulevard ave

**Lake Grove**  
**7:00 PM (1 hour and 15 minutes)**  
**Recovery At The 5 Corners**  
**(O,To,WC)**  
 United Methodist Church, 792  
 Hawkins Avenue  
*Back of the building in the basement.*

**Seaford**  
**7:00 PM**  
**Day One (O,BK,CH,D,JT)**  
 St. James Catholic Church Parish  
 Ctr., Rm. 103, 80 Hicksville Road  
*First Monday of every month is a Speaker  
 meeting.*

**Wyandanch**  
**7:00 PM (2 hours)**  
**Straight Path To Recovery**  
**(O,RF,WC)**  
 Our Lady Of Miraculous Medal, (Levy  
 Blvd. and Straight Path), 1434  
 Straight Path

**Wyandanch**  
**7:00 PM**  
**Women On The Path**  
**(O,BK,CS,D,JT,Pi,RF,So,St,TC,VM,**  
**W,WC)**  
 Our Lady of Miraculous Medal, (Levy  
 Blvd and Straight Path), 1434 Straight  
 Path

**Bohemia**  
**7:15 PM (1 hour and 15 minutes)**  
**Recovery Doesn't Stop**  
**(O,BK,CS,D,JT)**  
 True North Church Church, 1101  
 Lakeland Ave

**Center Moriches**  
**7:25 PM (1 hour and 15 minutes)**  
**Men with Men (C,M,RF)**  
 center moriches  
 25 Ocean Ave, 25 Ocean Ave  
**ONE HOUR FIFTEEN MINUTES**

**Monday (Continued)**

**Centereach**  
**7:30 PM (1 hour)**  
**We Have A Choice**  
**(O,B,CH,D,HY,St)**  
 New Village Recreation Center,  
 (Levitt Ballfield Park off of Wireless  
 Rd.), 20 Wireless Rd  
*Steps 1,2 and 3*

**Coram**  
**7:30 PM (1 hour)**  
**Serenity Now!**  
**(C,BK,BT,IP,NC,Pi,RF,St)**  
 St Frances Cabrini Church Parish  
 Center Bldg, 134 Middle Country Rd

**Riverhead**  
**7:30 PM (1 hour)**  
**Perpetual Change (O,B,RF)**  
 united methodist church, (Basement),  
 201 east main st

**Roosevelt**  
**7:30 PM**  
**Recovery by the Book**  
**(C,BK,BT,D,TC,VM)**  
 Queen Most Holy Rosary, 196 W.  
 Centennial Ave.

**Sayville**  
**7:30 PM (1 hour and 15 minutes)**  
**Courage To Change (O,D,WC)**  
 United Congregational Church,  
 (Separate Building in back, Lunch  
 Room), 131 Middle Rd  
*First Monday of the month is a Step  
 meeting*

**Babylon**  
**8:00 PM (1 hour and 15 minutes)**  
**Sick, Not Twisted**  
**(O,BK,BT,CH,CS,IL,IW,LC,SD,Ti,To,**  
**WC)**  
 The Parish Center, St. Joseph's  
 Church, (Room 258), 39 N Carl Ave

**Babylon**  
**8:00 PM (1 hour and 15 minutes)**  
**Sick, Not Twisted (Online)**  
**(O,BK,BT,CH,CS,IL,IW,LC,SD,Ti,To,**  
**VM,WC)**  
 The Parish Center, St. Joseph's  
 Church, (Room 258), 39 N Carl Ave

**Bohemia**  
**8:00 PM (1 hour and 15 minutes)**  
**K.I.S.S. (O,D,NC,St,WC)**  
 St. John Nepomucene RC Church,  
 (Locust Ave & Church St), 1140  
 Locust Ave

**Long Beach**  
**8:00 PM (1 hour and 15 minutes)**  
**Steps On The Beach (O,B,HY,SD)**  
 St. John's Lutheran Church by the  
 Sea, (Hybrid), 75 E. Olive St.  
*Wed Virtual Only*

**Valley Stream**  
**8:00 PM**  
**Recovery by Sunrise**  
**(C,BK,BT,CS,HY,LC,SD)**  
 Valley Stream Presb. Church, 130  
 Central Ave.  
*\*1st Mon Basic Text, 3rd Living Clean, book  
 study*

**Hicksville**  
**8:30 PM (1 hour)**  
**Just Care (C,B,D,RF)**  
 Parkway Community  
 Church(basement), 95 Stewart Ave.

**Tuesday**

**1:00 AM (24 hours)**  
**N.A.N.A. 24/7**  
**(C,BK,ENG,IW,Pi,RF,SL,St,Tr,VM)**

*ASL on Tues, Wed, Sat - 7pm to 9pm*

**Commack**  
**9:00 AM (2 hours)**  
**Early Morning Basics**  
**(O,BK,D,IW,St)**  
 Commack United Methodist Church,  
 486 Town Line Rd  
*Step 1*

**Tuesday (Continued)**

**Sayville**  
**12:30 PM**  
**Recovery Can Happen (online)**  
**(O,B,BK,BT,JT,Pi,VM)**  
 St. Johns Lutheran Church, 48  
 Greene Ave

**1:00 PM**  
**Virtually Hopeful (O,SD,St,VM)**  
 Virtual Only,

**Hicksville**  
**1:00 PM (1 hour)**  
**Hopeful in Hicksville (O,D,Pi,RF,To)**  
 Parkway Community Church, 95  
 Stewart Ave.

**Amityville**  
**6:30 PM**  
**New Beginnings (C,NC,St,To)**  
 Hollywood Baptist Church, (Church  
 Annex), 2 Monroe Street  
*4th Step Workshop*

**Bay Shore**  
**6:30 PM**  
**New Attitudes (O,BK,BT,JT,RF,St)**  
 Penataquit Methodist Church, (at 2nd  
 Ave), 107 East Main St

**sag Harbor**  
**6:30 PM (1 hour)**  
**Talking on the Topic (O,SD,To)**  
 Christ episcopal Church, 5 hampton  
 st

**Commack**  
**7:00 PM (1 hour)**  
**Open to Suggestions**  
**(C,O,D,RF,Rr,So,Ti)**  
 Holy Cross Lutheran Church, (Next to  
 Mayfair Shopping Center, off of  
 Jericho Tpk), 53 Verbena Dr  
*Go down to the basement.*

**Hampton Bays**  
**7:00 PM (1 hour)**  
**Recovery by the Barn (O,RF)**  
 Anderson Warner Hall, 158 West  
 Montauk Highway

**Hempstead**  
**7:00 PM**  
**Recovery on Main**  
**(O,CS,RF,TC,VM,WC)**  
 Mental Health Associates of Nassau,  
 (Use Gated parking lot next to  
 building), 16 Main St.

**Huntington Station**  
**7:00 PM**  
**Your Basic Step**  
**(C,BK,BT,SD,St,Ti,WC)**  
 St. Hugh's Church, (on Route 110 &  
 Pulaski Road), Pulaski Rd at New  
 York Ave

**Manhasset**  
**7:00 PM**  
**Miracle Mile**  
**(C,BK,BT,RF,SD,St,Ti,Tr)**  
 Congregational Church, 1845  
 Northern Blvd.

**Middle Island**  
**7:00 PM (1 hour)**  
**Keeping Addicts Off The Streets**  
**(O,St,TC,VM)**  
 Middle Island Congregational Church,  
 (Little House Located in the Back),  
 271 Middle Country Rd

**Sayville**  
**7:00 PM (1 hour and 15 minutes)**  
**Simply Women**  
**(C,BK,IW,Pi,SD,W,WC)**  
 St. John's Lutheran Church,  
 (Downstairs), 48 Greene Ave

**Bellport**  
**7:30 PM**  
**Nickel Park (C,SD,TC,Ti,VM,WEB)**  
 Bellport Methodist Church,  
 (https://us02web.zoom.us/j/57454704  
 70), 185 S Country rd

**Islip**  
**7:30 PM**  
**A Step In Time (C,D,St,TC,Ti,VM)**  
 Trinity Lutheran Church, (Nassau Ave  
 & Union Blvd), 111 Nassau Ave

**Tuesday (Continued)**

**Levittown**  
**7:30 PM**  
**Boys to Men (C,M,SD,WC)**  
 St. Bernard's Church, (Room 202),  
 3100 Hempstead Turnpike

**Medford**  
**7:30 PM (1 hour)**  
**Men with a Message**  
**(C,BK,HY,JT,M,NC,Pi,Ti)**  
 Axis Cafe, 2884 Route 112

**Northport**  
**7:30 PM**  
**Never Alone (O,B,D)**  
 Trinity Church (Downstairs), 130 Main  
 St

**Oceanside**  
**7:30 PM**  
**Anchored To Miracles**  
**(O,SD,TC,VM,WC)**  
 St. Anthony's Church, (down ramp to  
 cafeteria.), 110 Anchor Ave.

**Riverhead**  
**7:30 PM (1 hour)**  
**Miracle Women (O,To,W)**  
 Old Steeple church, 656 NY-25,

**Massapequa Park**  
**8:00 PM (1 hour)**  
**Genesis (C,D,St)**  
 Community Methodist Church, 100  
 Park Blvd.

**Ronkonkoma**  
**8:00 PM**  
**It's Casual By the Lake (O,D,RF)**  
 Holy Cross Lutheran Church, 307  
 Hawkins Ave

**Williston Park**  
**8:00 PM**  
**Lighten Your Load (O,CL,D,HY)**  
 Church of St. Aidan (Rectory  
 Basement), 505 Willis Ave.

**Wednesday**

**1:00 AM (24 hours)**  
**N.A.N.A. 24/7**  
**(C,BK,ENG,IW,Pi,RF,SL,St,Tr,VM)**

*ASL on Tues, Wed, Sat - 7pm to 9pm*

**Commack**  
**9:00 AM (2 hours)**  
**Early Morning Basics**  
**(O,BK,D,IW,St)**  
 Commack United Methodist Church,  
 486 Town Line Rd  
*Step 2*

**Sayville**  
**12:30 PM**  
**Recovery Can Happen (online)**  
**(O,B,BK,BT,JT,Pi,VM)**  
 St. Johns Lutheran Church, 48  
 Greene Ave

**Sayville**  
**12:30 PM**  
**Recovery Can Happen**  
**(O,B,BK,BT,JT,Pi)**  
 St. Johns Lutheran Church, 48  
 Greene Ave  
*Please do not arrive before 12:20PM*

**1:00 PM**  
**Virtually Hopeful (O,BK,D,JT,VM)**  
 Virtual Only,

**Hicksville**  
**1:00 PM (1 hour)**  
**Hopeful In Hicksville (O,BK,BT,D)**  
 Parkway Community Church, 95  
 Stewart Ave.

**Amagansett**  
**5:30 PM (1 hour)**  
**Amagansett Livingroom**  
**(O,B,BK,BT,Rr)**  
 at meeting house lane  
 First Presbetyrian Church, 350 Main  
 Street

**Wednesday (Continued)**

**Roosevelt**  
**6:30 PM**  
**Women on Wednesday-New**  
**Beginnings**  
**(C,LC,RF,TC,To,VM,W,WC)**  
 Queen Most Holy Rosary, 196 W. Centennial Ave.

**Center Moriches**  
**7:00 PM (1 hour)**  
**Imagine (C,LC,RF,SD,St)**  
 St. John's Church School at rear, 25 Ocean ave

**Greenlawn**  
**7:00 PM**  
**The Guppy Group (C,D,HY,Ti,WEB)**  
 Greenlawn Presbyterian Church, 497 Pulaski Road

**Middle Island**  
**7:00 PM (1 hour)**  
**60 Minutes (C)**  
 Holy Trinity Lutheran, (Around the right side of building down the stairs), 93 Yaphank Middle Island Rd

**Setauket**  
**7:00 PM**  
**Setauket Five and Dime**  
**(C,FD,St,WC)**  
 Setauket Presbyterian Church, (Just North of 25A, right off of Old Field Road), 5 Caroline Ave  
*Discussion of Steps Five and Ten*

**Franklin Square**  
**7:15 PM (1 hour and 15 minutes)**  
**It Works How And Why**  
**(C,BK,ENG,IW,Pi,RF,St,Tr)**  
 Wesley United Methodist Church, 619 Fenworth Blvd. @ Dogwood

**Islandia**  
**7:15 PM (1 hour and 15 minutes)**  
**Hope, Inc. (O,HY,RF,SD,To)**  
 Thrive Recovery Center, (Suite 102), 1324 Motor Pkwy

**Babylon**  
**7:30 PM**  
**New Kind of Freedom (O,D,HY)**  
 United Methodist Church, (Off Deer Park Ave), 21 James St

**Blue Point**  
**7:30 PM (1 hour and 15 minutes)**  
**Wheel of Recovery (O,SD,To)**  
 Blue Point Bible Church, 5 Maple St

**Central Islip**  
**7:30 PM**  
**Hope on the Rise (O,D,TC,VM,WC)**  
 Hope Missionary Baptist Church, (Lemon St & Leaf Ave), 80 Leaf Ave

**Floral Park**  
**7:30 PM**  
**RX For Recovery (C,BK,Ti)**  
 Christ Evangelical Lutheran Church, 57 Spooner Street

**Ronkonkoma**  
**7:30 PM**  
**Recovery in Ronkonkoma**  
**(O,BK,BT,Pi,SD)**  
 Holy Cross Lutheran Church, (Entrance at Lakewood Rd), 307 Hawkins Ave

**Seaford**  
**7:30 PM**  
**Mid-Island Connection (O,B,CL,SD)**  
 Maria Regina Roman Catholic Church, 3945 Jerusalem Ave

**Smithtown**  
**7:30 PM (1 hour and 15 minutes)**  
**Coming Back To Life (O,D)**  
 First Presbyterian Church (NW Corner), (Main Street (Route 25A) and Rt. 111), 175 E Main St

**Babylon**  
**8:00 PM (1 hour)**  
**Living Clean In Babylon (O,BK,LC)**  
 St. Joseph Roman Catholic Church, (Room 258 Parish Center), 39 Carl Ave

**Wednesday (Continued)**

**Bohemia**  
**8:00 PM**  
**Open Minded Men**  
**(O,BK,JT,LC,M,Pi,St,Tr)**  
 St. John Nepomucene RC Church, (Locust Ave & Church St), 1140 Locust Ave

**Long Beach**  
**8:00 PM (1 hour and 15 minutes)**  
**Steps On The Beach (O,BK,HY,LC)**  
 St. John's Lutheran Church by the Sea, 75 E. Olive St.  
*Wed Virtual Only*

**Massapequa Park**  
**8:00 PM**  
**Basically Genesis (C,BK,BT,D,HY)**  
 Community Methodist Church, (Use side door entrance - Hybrid meeting both in person and zoom), 100 Park Blvd

**Wading River**  
**8:30 PM (1 hour)**  
**North Shore Serenity (O)**  
 North Shore United Methodist Church, 260 route 25 A

**Thursday**

**1:00 AM (24 hours)**  
**N.A.N.A. 24/7**  
**(C,BK,ENG,IW,Pi,RF,St,Tr,VM,WEB)**

*Meetings Every Hour on the Hour*

**Commack**  
**9:00 AM (2 hours)**  
**Early Morning Basics**  
**(O,BK,D,IW,St)**  
 Commack United Methodist Church, 486 Town Line Rd  
*Step 3*

**Patchogue**  
**10:00 AM**  
**Spiritual Women in the Morning**  
**(O,CH,CS,RF,TC,Ti,VM,W)**  
 Church of the Nazarene, 2 Nazarene Way

**Sayville**  
**12:30 PM**  
**Recovery Can Happen (online)**  
**(O,B,BK,BT,JT,Pi,VM)**  
 St. Johns Lutheran Church, 48 Greene Ave

**Hicksville**  
**1:00 PM (1 hour)**  
**Hopeful in Hicksville (O,D,Pi,RF,To)**  
 Parkway Community Church, 95 Stewart Ave.

**1:00 PM**  
**Virtually Hopeful (O,D,SD,VM)**  
 Virtual Only,

**Lake Grove**  
**6:00 PM**  
**Men at Work (O,D,Rr,To)**  
 792 Hawkins Ave

**Sag Harbor**  
**6:30 PM (1 hour)**  
**Talking on the Topic (O,To)**  
 Christ Episcopal, 5 Hampton Street

**Commack**  
**7:00 PM (1 hour)**  
**Open to Suggestions (C,D,RF,Rr,Ti)**  
 Holy Cross Lutheran Church, (Next to Mayfair Shopping Center, off of Jericho Tpk), 53 Verbena Dr  
*Go down to the basement.*

**Huntington Station**  
**7:00 PM**  
**Gates Of Delivery**  
**(O,BK,CH,JT,SD,Ti,WC)**  
 St Hugh of Lincoln, 21 E 9th St

**St James**  
**7:00 PM (1 hour and 15 minutes)**  
**North Country Recovery**  
**(C,RF,So,St)**  
 St James Episcopal Church, 490 North Country Rd

**Thursday (Continued)**

**Amityville**  
**7:30 PM**  
**We Do Recover**  
**(C,BK,BT,RF,TC,VM)**  
 Hollywood Baptist Church, (Great Neck Rd & Booker Blvd), 3504 Great Neck Rd

**Floral Park**  
**7:30 PM**  
**Women with the Women**  
**(C,BK,HY,IP,JT,RF,St,Ti,To,W)**  
 Christ Evangelical Lutheran Church, (Corner of Plainfield Ave. off Jericho Tpk), 57 Spooner St.

**Ocean Beach**  
**7:30 PM (1 hour)**  
**Recovery In Paradise**  
**(O,BK,BT,D,OE,To,WC)**  
 Ocean Beach Fire Island Free Union Church, ((Memorial day to Labor day)), Corner of Ocean Breeze and Midway

**7:30 PM (1 hour)**  
**Perpetual Change (O,B,SD)**  
 United Methodist Church, 201 east main st

**Bellport**  
**7:30 PM (1 hour)**  
**Just For Today (O,SD,Ti,WC)**  
 Bellport Methodist Church, 185 South Country Rd  
*Speaker shares from the Just For Today and then goes to a show of hands*

**Commack**  
**7:30 PM**  
**Women Living the Message**  
**(C,CW,RF,St,Ti,W)**  
 Commack United Methodist Church, 486 Town Line Rd

**Hampton bays**  
**7:30 PM (1 hour)**  
**All Elite recovery (O)**  
 9 terrace drive

**Glen Head**  
**8:00 PM**  
**Roslyn Men's Meeting (C,D,HY,M)**  
 Whitting Furnal Home, 300 Glen Cove Ave

**Lindenhurst**  
**8:00 PM (1 hour)**  
**Strictly The Steps (C,B,St)**  
 St. John's Evangelical Lutheran Church, (Use side entrance off of Dover St. and take elevator to 2nd Floor.), 36 E John St.

**Merrick**  
**8:00 PM**  
**Merrick Sunrise (C,B,D,St)**  
 Comm. Presbyterian Ch, 2101 William Pl. @ Wynsum Ave.  
*First Step every First Thursday*

**Williston Park**  
**8:00 PM**  
**Growing Together (O,D)**  
 Church of St. Aidan (Rectory Basement), 505 Willis Ave.

**Bay Shore**  
**9:00 PM**  
**A Gift Of Life (O,RF,SD,St)**  
 Penataquit Methodist Church, (at 2nd Ave), 107 East Main St

**Friday**

**1:00 AM (24 hours)**  
**N.A.N.A. 24/7**  
**(C,BK,ENG,IW,Pi,RF,St,Tr,VM)**

*Meetings Every Hour on the Hour*

**Commack**  
**9:00 AM (2 hours)**  
**Early Morning Basics (O,BK,BT,D)**  
 Commack United Methodist Church, 486 Town Line Rd

**Friday (Continued)**

**Sayville**  
**12:30 PM**  
**Recovery Can Happen (online)**  
**(O,B,BK,BT,JT,Pi,VM)**  
 St. Johns Lutheran Church, (Zoom Meeting ID: 867 4537 6186, Password 465256), 48 Greene Ave

**Sayville**  
**12:30 PM**  
**Recovery Can Happen**  
**(O,B,BK,BT,JT,Pi)**  
 St. Johns Lutheran Church, (Zoom Meeting ID: 867 4537 6186, Password 465256), 48 Greene Ave  
*Please do not arrive before 12:20PM*

**1:00 PM**  
**Virtually Hopeful (O,D,SD,VM)**  
 Virtual Only,

**Hicksville**  
**1:00 PM (1 hour)**  
**Hopeful in Hicksville (O,D,Pi,RF,To)**  
 Parkway Community Church, 95 Stewart Ave.

**bohemia**  
**6:30 PM (1 hour and 15 minutes)**  
**Pamphlets to Freedom (online)**  
**(C,LC,RF,St,VM)**

**Bohemia**  
**6:30 PM (1 hour and 15 minutes)**  
**Pamphlets to Freedom**  
**(O,CS,D,Pi,RF,Ti)**  
 St. John Nepomucene RC Church, (Locust Ave & Church St), 1140 Locust Ave  
*Rotating format: Pamphlets/Living Clean Book/Step of the Month*

**Greenlawn**  
**6:30 PM**  
**Friday Night Mens' Meeting**  
**(C,D,HY,M,Rr,Ti,To,WC)**  
 First Presbyterian Church, (Zoom Meeting ID: 868 658 464 34), 497 Pulaski Rd  
*Sharing Limited to 4 minutes each, and assigned by arrival time. Come early, share early. Come late, share late.*

**Sag Harbor**  
**6:30 PM (1 hour)**  
**Talking on the Topic (O,SD,St,To)**  
 Christ Episcopal Church, (At the corner of East Union Street in the village of Sag Harbor, New York.), 5 Hampton Street

**Center Moriches**  
**7:00 PM (1 hour)**  
**Rareroad to Recovery (O,SD,To)**  
 St John the Evangelist R C Church, (rear entrance), 25 Ocean Ave

**Central Islip**  
**7:00 PM**  
**Students of Recovery**  
**(O,CH,RF,TC,VM)**  
 159 Brightside Avenue

**Greenlawn**  
**7:00 PM (1 hour)**  
**Wonder Women**  
**(C,LC,RF,Rr,SD,St,To,W,WC)**  
 First Presbyterian Church, (Pulaski Rd & Broadway), 497 Pulaski Rd

**hampton Bays**  
**7:00 PM (1 hour)**  
**Recovery by the Barn (O,BK,JT)**  
 red creek park, Red Creek rd

**Islip**  
**7:15 PM**  
**Recovery Group (O,HY,RF,SD,St,Ti)**  
 Trinity Lutheran Church, (Nassau Ave & Union Blvd), 111 Nassau Ave  
*First week of the month is an open Step meeting. All other weeks are open discussion.*

**Amityville**  
**7:30 PM**  
**Our Primary Purpose**  
**(O,D,RF,TC,To,VM)**  
 United Methodist Church, (Route 110), 25 Broadway

**Friday (Continued)**

**Bethpage**  
**7:30 PM**  
**Free on Friday (C)**  
 St. Martin of Tours, (Bring Chair, Meeting in Parking Lot), 220 Central Ave.

**Cutchogue**  
**7:30 PM (1 hour)**  
**Life After Drugs (O,RF,SD,St)**  
 Sacred Heart Church Parish Hall, 27905 Main Road  
*the last friday of the month is a step meeting the step will correspond to the month*

**East Northport**  
**7:30 PM**  
**This Must Be The Place (O,D,HY,Ti)**  
<https://zoom.us/j/684241020>  
 St Paul's Church, (Just North of Larkfield and Bellerose-), 106 Vernon Valley Rd  
<https://zoom.us/j/684241020>

**Franklin Square**  
**7:30 PM**  
**Surrender Group (O,SD,To)**  
 Wesley United Methodist Church, 619 Fenworth Blvd. And Dogwood

**Lake Ronkonkoma**  
**7:30 PM (1 hour)**  
**All About Change (O,L,C,Rr,TC,VM,WC)**  
 St. Mary's Church, 315 Lake Shore Rd

**Merrick**  
**7:30 PM**  
**The (Virtual) Place To Bel (O,B,RF,SD,St,To,VM)**  
 Virtual Only,

**Merrick**  
**7:30 PM**  
**Miracles on Merrick Women's Meeting (C,D,RF,TC,VM,W)**  
 St. Johns Lutheran Church, 1 Van Roo Avenue

**Oyster Bay**  
**7:30 PM**  
**Miracles on Main Street (O,RF,SD,St,TC,VM)**  
 First Presbyterian Church, (SUMMER SEE Seasonal Meetings Last Page Nassau Printed list - first 3 weeks, Open Discussion. 4th week of the month, Step Mtg, Rotating 1, 2 & 3), 60 East Main Street  
*1st 3 weeks, O, D. 4th week, closed, rotating steps 1, 2, 3*

**Smithtown**  
**7:30 PM**  
**Step of the Month Club (C,D,HY,St,Ti)**  
 First Presbyterian Church (NW Corner), (Main Street (Route 25A) and Rt. 111), 175 E Main St

**Bohemia**  
**8:00 PM (1 hour and 15 minutes)**  
**Clean in Bohemia (O,BK,D,JT,NC,St,Ti,WC)**  
 St. John Nepomucene RC Church, (Locust Ave & Church St), 1140 Locust Ave  
*2nd and fourth week will be jft*

**Hickville**  
**8:00 PM**  
**Only Solutions (O,SD)**  
 Parkway Community Church, 95 Stewart Ave

**Long Beach**  
**8:00 PM (1 hour and 15 minutes)**  
**Steps On The Beach (O,BK,BT,HY,SD,St,Tr)**  
 St. John's Lutheran Church by the Sea, (Hybrid), 75 E. Olive St.  
*Last Friday Tradition - Guiding Principles*

**Oyster Bay**  
**9:00 PM (1 hour and 15 minutes)**  
**Meditation on Main Street (O,ME,SD,TC,VM)**  
 Oyster Bay Presbyterian, (SUMMER SEE Seasonal Meetings Last Page Nassau Printed list), 60 Main Street

**Friday (Continued)**

**Elmont**  
**9:30 PM**  
**Women Coast2Coast (C,D,VM,W)**  
 (Virtual East - West Coast),

**Bay Shore**  
**Midnight**  
**Midnight Hope (O,B,RF,Ti,To)**  
 Penataquit Methodist Church, (at 2nd Ave), 107 East Main St

**Saturday**

**1:00 AM (24 hours)**  
**N.A.N.A. 24/7 (C,BK,ENG,IW,Pi,RF,SL,St,Tr,VM)**  
*ASL on Tues, Wed, Sat - 7pm to 9pm*

**Ammagansett**  
**8:30 AM (1 hour)**  
**Amagansett Living Room (C,BK,JT,Rr,SD)**  
 1st Presbetyrian Church, 350 Main St @ Meeting House lane

**9:00 AM**  
**Choose Your Weapon (C,BK,BT,IP,IW,JT,NC,TC,VM,WC)**  
 Virtual Meeting Only,  
 (<https://us04web.zoom.us/j/156970761?pwd=bk4xQkZ6SVN3dHFtaU1HQ0NRbnpWQT09>),

**Long Beach**  
**9:00 AM (1 hour and 15 minutes)**  
**Miracles by the Sea (C,D,WEB)**  
 St. John's Lutheran Church by the Sea, 75 E. Olive St. @ Riverside Blvd.

**Massapequa Park**  
**10:00 AM (1 hour and 15 minutes)**  
**Genesis II (C,D,Pi)**  
 Community Methodist Church, (Use side door entrance.), 100 Park Blvd

**Syosset**  
**10:00 AM**  
**Shelter Rock Live (O,D,HY,M,W)**  
 Shelter Rock Church, 178 Cold Spring Road

**Valley Stream**  
**10:30 AM (1 hour)**  
**A.M. NA (O,B,D,TC,VM)**  
 Valley Stream Presbyterian Church, 130 Central Ave.

**Coram**  
**11:00 AM**  
**Back to reality (C,M,SD)**  
 St Francis Cabrini RC, 134 Middle Country Road

**Kings Park**  
**11:00 AM**  
**Beech Tree Recovery (Weather Permitting) (O,D,Rr)**  
 Kings Park Psychiatric Center Grounds  
 Under Beach Tree, (off of Student Rd), Off Kings Park Blvd  
*seasonal/outdoors. May not meet, in case of inclement weather.*

**Sayville**  
**11:00 AM**  
**Serenity In Sayville (O,BK,CS,JT,Pi)**  
 United Congregational Church, 131 Middle Rd

**Noon (1 hour)**  
**Rainbows to Recovery (C,BK,GL,IP,RF,Ti,VM)**  
 Virtual Only,

**Huntington**  
**1:00 PM**  
**New Awakenings (C,B,D)**  
 St. Elizabeth's (Living Waters Center), 141 Wolf Hill Road

**Copaigue**  
**2:00 PM**  
**Old School Recovery (O,TC,VM)**  
 Copaigue, (Bethel African Methodist Epscl), 20 Simmons Street

**Saturday (Continued)**

**Roosevelt**  
**5:00 PM (2 hours)**  
**Back To Basics (C,D,RF,TC,VM)**  
 Memorial Presbyterian Church, 189 Babylon Turnpike

**Bellport**  
**7:00 PM**  
**Just For Today (O,B,D)**  
 Bellport Methodist Church, 185 South Country Rd

**Hicksville**  
**7:00 PM**  
**Blueprint To Recovery (O,BK,BT,RF,SD,St,Ti,Tr)**  
 Parkway Community Church, (Big Back Room-Must Wear Mask per church), 95 Stewart Avenue  
*downstairs-book study, 3rd is step*

**Huntington Station**  
**7:00 PM**  
**The Guiding Light (C,CL,Pi,SD,WEB)**  
 Gloria Dei Evangelical Lutheran Church, 22 E 18th St

**Riverhead**  
**7:00 PM (1 hour)**  
**Perpetual Change (O,SD)**  
 United Methodist Church, 201 East Main St

**Bay Shore**  
**7:30 PM**  
**Sicker Than Most (O,B)**  
 Penataquit Methodist Church, (at 2nd Ave), 107 East Main St

**Oceanside**  
**8:30 PM**  
**Surf City (C,HY,SD,St,Ti)**  
 First Presbyterian Church, (6 person High Risk Room), 2701 Oceanside Road  
*3rd Sat Step+3 Months*

**Sunday**

**1:00 AM (24 hours)**  
**N.A.N.A. 24/7 (C,BK,ENG,IW,Pi,RF,St,Tr,VM)**

*Meetings Every Hour on the Hour*

**Northport**  
**7:00 AM (1 hour)**  
**Hope by the Harbor (C,BK,JT)**  
 Scudder Park, 99 Ketchum Place  
*Meeting begins Memorial Day Weekend, ends Labor Day Weekend Rain or shine has a pavilion.*

**Copiague**  
**9:00 AM**  
**Our Sunday Step (C,BK,D,IW,St)**  
 Parish Outreach Bldg, (Corner of Campagnoli Ave (Behind Our Lady of Assumption Church)), 115 Leonardo Da Vinci St

**Amityville**  
**10:00 AM (2 hours)**  
**New Life Men's Meeting (C,HY,M,RF)**  
 North Amityville Community Center, (East St & Cedar Rd), 48 Cedar Rd

**Hempstead**  
**10:15 AM (2 hours)**  
**RAW Men's Group (C,M,TC,VM)**  
 Mental Health Associates of Nassau, 16 Main St.

**Lynbrook**  
**10:30 AM (1 hour and 15 minutes)**  
**Sunday Just for Today (C,BK,BT,TC,Ti,VM)**  
 Temple Am Echad, 1 Saperstein Plaza

**11:30 AM (2 hours)**  
**Steps Into the Hugs (C,D,Rr,St,TC,Ti,VM,WC,WEB)**  
<https://us02web.zoom.us/j/248135147?pwd=cVp3cGtobGIQcUJhMkM3htNUVlZE5MUT09>, (Password 248135),

**Sunday (Continued)**

**Hickville**  
**3:30 PM**  
**We Will Never Close (O,BK,JT)**  
 Parkway Community Church, (Downstairs), 95 Stewart Avenue

**Amityville**  
**5:00 PM (2 hours)**  
**Surrender On Sunday (O,BK,D,HY,IP,JT,St,To)**  
 North Amityville Community Center, (East St & Cedar Rd), 48 Cedar Rd  
*Last Sunday of the month is a Step meeting.*

**Bohemia**  
**6:00 PM (1 hour and 15 minutes)**  
**True Recovery (O,SD,St,Tr,WC)**  
 True North Church, (Corner of Church St), 1101 Lakeland Ave

**Carle Place**  
**6:00 PM**  
**Clean Slate (C,SD)**  
 St Mary's Episcopal Church, 252 Rushmore Ave

**Riverhead**  
**6:00 PM (1 hour)**  
**Message of Hope (O)**  
 Stotsky Park, 55 Columbus St & Pulaski Street

**Bohemia**  
**7:00 PM (1 hour and 15 minutes)**  
**H.O.W. We Live (O,NC,RF,Ti,WC)**  
 St. John Nepomucene RC Church, (Locust Ave & Church St), 1140 Locust Ave

**Huntington**  
**7:00 PM**  
**Never Again (O,B,D,Rr,St,Ti)**  
 Central Presbyterian Church, (Enter through the municipal parking lot on Elm Street off New York Avenue), 240 Main Street

**Mattituck**  
**7:00 PM (1 hour)**  
**Keep It Simple (O,D,St)**  
 First Presbyterian Church, (Rm.#7), Main Rd.

**Bay Shore**  
**7:30 PM**  
**One Flight Up (O,D,St)**  
 Penataquit Methodist Church, (at 2nd Ave), 107 East Main St

**Bellport**  
**8:00 PM**  
**Unity Now (O,SD,St)**  
 Bellport Methodist Church, 185 S. Country Rd

**Hempstead**  
**8:00 PM**  
**No Matter What (O,D,TC,VM)**  
 Percy Jackson Youth Center, 436 South Franklin St

**Long Beach**  
**8:00 PM (1 hour and 15 minutes)**  
**Steps On The Beach (O,HY,Pi,To)**  
 St. John's Lutheran Church by the Sea, (Hybrid), 75 E. Olive St.  
*Wed Virtual Only*

**Service Meetings****Eastern Long Island Area Service**

4 PM, First Sunday of Each Month at the Methodist Church, on East Main Street, in Riverhead, NY

**H&I Subcommittee**

3 PM - 4 PM, First Sunday of Each Month at the Methodist Church, on East Main Street, in Riverhead, NY