SUNDAY / DOMINGO

9:30AM **Serenity in Harlem (Children under 17 not permitted) - Seasonal Nov - March**, Ready Willing & Able Shelter, 1st fl, @156th Street, 2960 8th Avenue, New York, NY, 10039 **(C,B,JT,NC,Pi,RF,WC,BK)** *Basic Text, from front to back*

1:15PM **Meditation in Practice**, The Center, 208 West 13 Street, New York, NY, 10011 **(O,D,To,WC)**

2:15PM **Serenity Sunday**, G+L Center, At 7th Ave, 208 West 13th Street, New York, NY, 10014

2:30PM **Just For Today**, Keith D. Cylar Community Health Center, 743-749 East 9th Street, New York, NY, 10009 **(O)**

3:15PM **Two & Over**, Christian Parish House, @W 122nd St. Basement Side Ent, 2044 Adam Clayton Powell Jr. Blvd., New York, NY, 10027 **(C,RF,St,WC,WEB,HY)** *PW 101098*

3:30PM **Sunday Afternoon Recovery**, Taino Towers, Btw. 122nd & 123rd St., 2nd Floor Entrance on the Right Side, 2253 3rd Avenue, New York, NY, 10035 **(O)**

4:30PM **Solid Foundation**, All Saint's Ukrainian Church, btw 2nd and 3rd Ave, 206 East 11th Street, New York, NY, 10003 **(O,B,NC,RF)** *90 Day Panel, Anniversaries, Steps 1,2,3.*

6:00PM **NA Unity**, Trinity Lutheran Parish, 602 East 9th Street, New York, NY, 10009 **(C,D)**

6:30PM **Only Game in Town**, Lenox HIll Hospital Einhorn Auditorium, Located just West of Lexington Ave. /Wheelchair entrance is on 77th St., 131 East 76th Street, New York, NY, 10021 **(O,JT)**

7:00PM **We Have A Dream**, St Mary's Episcopal Church, Basement, Btwn Broadway & Amsterdam Ave, 521 West 126th Street, New York, NY, 10027 **(O,Pi)**

MONDAY / LUNES

9:00AM **9 AM Wake Up**, Middle Collegiate Church, 4th Floor, 50 East 7th Street, New York, NY, 10003 **(O,B,WC)**

1:00PM **Living Free**, Town & Village Synagogue, Ground Floor Auditorium, Btwn 1st & 2nd Aves (Closed on Jewish Holidays) 334 East 14th Street, New York, NY, 10003 **(O,B,CH,JT,RF,SD,BK)**

3:00PM **Manhattan 3 O'Clock Group**, St. Mary the Virgin, Meeting is in the Misssion House which is East of the church.on the 2nd floor., 133 West 46th Street, New York, NY, 10036 **(O,B,RF)**

4:00PM **Life at 99**, St Michael's Parish House, Btwn Bway & Amsterdam Ave, 225 West 99th Street, New York, NY, 10025 **(O,RF)**

5:00PM **A Better Life On Madison**, Mt Zion A.M.E. Church, @ 116 th Street. Use the gray door on Madison, 1765 Madison Avenue, New York, NY, 10029

6:00PM **Steps to Life**, Our Lady of Sorrows Church, Entrance located on street level, 101-103 Pitt Street, New York, NY, 10002 **(O,St)**

6:30PM **Recovery Across The Park**, Henry Brooks Senior Housing, @ Fredrick Douglas Blvd., 304 West 154th Street, New York, NY, 10039 **(O)**

6:30PM **Renewed Vision Woman's Group**, 121 West 115th Street, New York, NY, 10026 **(JT,SD)** *JFT on 3rd Monday; Business Meeting on 3rd Monday*

7:00PM **Cover to Cover**, St. John's in the Village, Enter on 11th through gated archway, 224 Waverly Place, New York, NY, 10014 **(C,Pi,BK,LC)**

7:00PM **East Side Story**, Church of the Good Shepard, Btwn 2nd & 3rd, 240 East 31st Street, New York, NY, 10016 **(C,RF)**

7:00PM **Recovery in the 80's**, WSF Senior and Supportive Housing, btw Amsterdam and Columbus Ave. Community room, 1st floor at the far west of the building., 143 West 108th Street, New York, NY, 10025 **(O,CH,RF)** *No smoking in front of the building.*

7:00PM **Recovery on the Hill**, Manhattanville Community Center, Btwn Amsterdam Avenue and Broadway, 530 West 133rd Street, New York, NY, 10027 **(O,CH,To,WC)**

7:00PM **Valley of the Dolls (Women & Trans)**, Trinity Lutheran Parish, Corner of 9th and B, queer and trans friendly, space encourages vaccination or recent negative Covid test, 602 East 9th Street, New York, NY, 10009 **(C,GL,RF,W,WC,CW)**

TUESDAY / MARTES

1:00PM **Living Free**, Town & Village Synagogue, Ground Floor Auditorium, Btwn 1st & 2nd Avenue (Closed on Jewish Holidays) 334 East 14th Street, New York, NY, 10003 **(C,B,CH,Rr)**

5:15PM **No Matter What**, Keith D. Cylar Community Health Center, 743-749 East 9th Street, New York, NY, 10009 **(O,St)** *Rotating Steps 1,2,3.*

6:00PM **Recovery on the Hudson**, Salem United Methodist Church, 2190 Adam Clayton Powell Blvd., New York, NY, 10027 **(O,B,WC)**

6:00PM **The Best Kept Secret**, Canaan Baptist Church, Between St. Nicholas Ave. & Malcolm X Blvd (Lenox Ave.) 129 West 115th Street, New York, NY, 10026 **(O,B,BT,D,IW,JT,RF,SG,St,Tr,BK,CP,LC)**

6:00PM **Tuesday Night Hope**, Mount Nebo Church, @114th Street.Basement (Ring bell to gain entry to building) 77 St. Nicholas Ave, New York, NY, 10026 **(C,BT,JT,RF,WEB,LC,HY)** *PW TNH114*

TUESDAY / MARTES (CONT)

6:30PM **Lit 4 Life**, St. Anthony of Padua Church, 154 Sullivan St., New York, NY, 10012 **(Rr)**

6:30PM **Recovery from the Heart**, Rutgers Community Ctr, 200 Madison Street, New York, NY, 10002 **(O,IP,BK,WEB,HY)**

6:30PM **Recovery in the Castle**, Castle Gardens, Between Bdwy and Rkverside Drive 11th Floor community room, 625 West 140th Street, New York, NY, 10031 **(B,D,Pi,Rr)**

6:30PM **The Joy In The Journey**, Church of the Resurrection, Between 1st and 2nd Avenue, 325 East 101st Street, New York, NY, 10029 **(O,RF)** *First Meeting Sept 9, 2025*

7:00PM **Recurring Themes**, 14th Street Y (btw 1st and 2nd Avenue) 344 East 14th Street, New York, NY, 10003 **(O,To,WC,WEB)**

8:00PM **Bleecker Street Tuesday**, St. Anthony of Padua, btwn Houston and Prince St., 155 Sullivan Street, New York, NY, 10012 **(C,SD)**

WEDNESDAY / MIÉRCOLES

9:00AM **9 AM Wake Up**, Middle Collegiate Church, 4th Floor, 50 East 7th Street, New York, NY, 10003 **(O,JT,WC)**

10:00AM **HARLEM 10AM GROUP**, PILLARS, BETWEEN 124TH & 125TH STREET, 289 ST NICHOLAS AVENUE, NEW YORK, NY, 10027 **(C,B,IP,NC,RF,St,Tr)** *THIS IS A CLOSED DISCUSSION AND NO CHILDREN ALLOWED.[TO ENTER THE BUILDING PRESS THE TOP BUZZER LABELED "PILLARS". WALK STRAIGHT AHEAD TO THE ELEVATOR AND PRESS LOWER LEVEL AND PILLARS IS THE FIRST DOOR ON YOUR LEFT*

10:00AM **So Fresh & So Clean**, The Center, Room 202 B/W 7th and 8th Avenue, 208 West 13th Street, New York, NY, 10014 **(O,WC)**

1:00PM **Living Free - Closed Nov 26th for Thanksgiving**, Town & Village Synagogue, Ground Floor Auditorium, Btwn 1st & 2nd Aves (Closed on Jewish Holidays) 334 East 14th Street, New York, NY, 10003 **(O,B,CH,JT,BK)**

1:00PM **Midtown Matinee**, Church of the Incarnation, @E 35th St, Side Entrance 2nd fl, 209 Madison Ave, New York, NY, 10016 **(O,CH,St)**

3:00PM **Harlem's House of Hope**, Harlem United building Ground Floor, Btwn 7th & Lenox Aves, 123-125 West 124th St, New York, NY, 10027 **(O,RF,WC)**

3:00PM **Manhattan 3 O'Clock Group**, St. Mary the Virgin, Meeting is in the Misssion House which is East of the church.on the 2nd floor., 133 West 46th Street, New York, NY, 10036 **(O,B,RF)**

5:30PM **An Ounce of Hope**, Dyckman Senior Center, @ 202th Street & Academy Street, 3754 10th Avenue, New York, NY, 10034 **(O,B,IP,RF,St,WC)**

6:30PM **ABC's to Recovery**, All Saint's Ukrainian Church, btw 2nd & 3rd Ave, 206 East 11th Street, New York, NY, 10003 **(O,B)**

6:30PM **Recovery on Bradhurst**, Senior Citizen Building, Community Room, 300 West 154th Street, New York, NY, 10039 **(O,WC,CW)**

6:30PM **Uptown Men's Meeting**, Union Settlement Center, Between 2nd & 3rd Avenues, 237 East 104th Street, New York, NY, 10029 **(C,M,RF,WC)**

7:00PM **Men's Recovery Project**, The Center, 208 W 13th St, New York, NY, 10014 **(O,M,WC)**

7:00PM **New Attitudes**, Christian Parish House, Basement Side Ent, @W 122nd St, 2044 Adam Clayton Powell Jr. Blvd., New York, NY, 10027 **(O,St,WC)**

7:30PM **Our Whole Lives Ahead of Us- Youth Meeting**, Hazelden Betty Ford Foundation, 283 West Broadway, New York, NY, 10013 **(O,CH,RF,Ti,WC,YP)**

8:00PM **ABC Steps to Recovery**, All Saint's Ukrainian Church, btw 2nd & 3rd Ave, 206 East 11th Street, New York, NY, 10003 **(O,B,Rr)**

THURSDAY / JUEVES

1:00PM **Living Free - Closed Nov 27th for Thanksgiving**, Town & Village Synagogue, Ground Floor Auditorium, Btwn 1st & 2nd Ave (Closed on Jewish Holidays) 334 East 14th Street, New York, NY, 10003 **(C,CH,St)**

5:15PM **No Matter What**, Keith D. Cylar Community Health Center, 743-749 East 9th Street, New York, NY, 10009 **(O,D)**

6:30PM **A Greater Consciousness**, Meets in the community room, 223 East 117th Street, New York, NY, 10035 **(C,BT,Rr,BK)** *New Location as of May 7, 2026*

6:30PM **It Starts Here**, Btwn Amsterdam and Columbus Ave., 143 West 108th Street, New York, NY, 10025 **(O,RF,WC)** *No smoking in front of the building.*

6:30PM **Joy In The Journey Steps and Traditions**, Church of the Resurrection, Between 1st and 2nd Avenue, 325 East 101st Street, NewYork, NY, 10029 **(C,St,Tr)**

7:00PM **Convent Group**, St Mary's Episcopal Church, Basement, Btwn Broadway & Amsterdam Ave, 521 W 126th St, New York, NY, 10027 **(O,RF)**

7:00PM **Hope in the Projects**, Martin Luther King Center, Community Rm, @5th Ave, 2 W 115 St, New York, NY, 10026 **(O,B,RF,WC)**

7:00PM **Recovery in the Lower**, LESC House, Between Ave. B and C, 630 East 6th Street, New York, NY, 10009 **(O,SC,Ti,WC)**

7:00PM **The Solution Group**, City as School, Handicapped entrance on Houston Street, ring bell for entry. ., 16 Clarkson Street, New York, NY, 10014 **(C,CH,RF,WC,BK,LC,ID)**

THURSDAY / JUEVES (CONT)

7:15PM **Second Lives**, All Saint's Ukrainian Church, btw 2nd and 3rd Ave, 206 East 11th Street, New York, NY, 10003 **(C,St)** *No Pets please*

8:00PM **The G.O.D. (Gift of Desperation)**, The Center, 208 West 13 Street, New York, NY, 10014 **(O,B,WC,Ag)** *Welcome to agnostics, atheist or whatever you might believe*

FRIDAY / VIERNES

9:00AM **9 AM Wake Up**, Middle Collegiate Church, 4th Floor, 50 East 7th Street, New York, NY, 10003 **(O,St,WC)**

1:00PM **Living Free**, Town & Village Synagogue, Ground Floor Auditorium, Btwn 1st & 2nd Ave.(Closed on Jewish Holidays) 334 East 14th Street, New York, NY, 10003 **(C,B,CH)**

1:00PM **Midtown Matinee**, Church of the Incarnation, Side Entrance 2nd fl, @E 35th St, 209 Madison Ave, New York, NY, 10016 **(O,B,So)**

3:00PM **Manhattan 3 O'Clock Group**, St. Mary the Virgin, Meeting is in the Misssion House which is East of the church.on the 2nd floor., 133 West 46th Street, New York, NY, 10036 **(O,B,RF)**

5:15PM **No Matter What**, Keith D. Cylar Community Health Center, 743-749 East 9th Street, New York, NY, 10009 **(O)** *Speakers Choice*

6:00PM **Another Look**, 122nd Street, 2044 Adam Clayton Powell Jr. Blvd, New York, NY, 10027 **(B,RF,St,Tr,WEB,QA)** *Accessible by elevator*

6:00PM **Uptown Friday Night**, Church of the Good Shepherd, 630 Isham Street, New York, NY, 10034 **(O,B,St)**

6:30PM **Belly of the Beast 2**, First Spanish United Methodist Church, 163 East 111 Street, New York, NY, 10029 **(O,RF,WC)**

6:30PM **Not On Fire (Women & Trans)**, Sirovich Center, 331 E 12th St, New York, NY, 10003 **(C,GL,Ti,W,CW)**

7:00PM **Recuperacion for Today**, Henry Street Settlement, 40 Montgomery Street, New York, NY, 10002 **(O,BL,D,ES,RF,St,Tr,CP,WEB)**

7:00PM **Remember the Pain (Children under 18 not permitted)**, Ready,Willing and Able Facility, 2960 Frederick Douglas Boulevard, New York, NY, 10039 **(O,NC,RF)**

7:15PM **Home Away From Home**, All Saint's Ukrainian Church, btw 2nd & 3rd Ave, 206 East 11th St, New York, NY, 10003 **(C,St)** *No Food Allowed*

7:30PM **You Get What You Need**, St. Josephs Church, 404 East 87 between 1st and York, New York, NY, 10128 **(O,B)**

SATURDAY / SÁBADO

9:30AM **Early Morning Serenity**, Church of Ressurection, Between 1st and 2nd Ave., 325 East 101st Street, New York, NY, 10029 **(O,B,RF)**

10:00AM **Recovering in Washington Heights**, Holyrood Church, 715 West 179th Street, New York, NY, 10033 **(C,B,BT,JT,RF,St,WEB,LC,HY)** *No Password Needed*

12:30PM **Women Carrying the Message**, WSFSSH Building, Between Columbus and Amsterdam Avenue, 143-145 West 108th Street, New York, NY, 10025 **(B,IP,RF,W,SPAD)**

1:00PM **Saturday Men's Meeting**, The Fathers Heart Ministry, Btw. A and B, 545 East 11th street, New York, NY, 10009 **(C,M,Rr)**

3:00PM **Recovery on Madison**, @ 108th St.-Community Center, 1589 Madison Avenue, New York, NY, 10029 **(C,CH,BK,LC)** *Mtg Closed Holidays and during public school breaks.*

4:00PM **Just For Today On The West Side**, The Center, Between Greenwich Ave and 7th Ave, 208 West 13th Street, New York, NY, 10014 **(SD,WC,YP)**

5:00PM **Life Begins Again**, Church of the Resurrection, Between 1st & 2nd Avenue, 325 East 101st Street, New York, NY, 10029 **(O,B,D,WC)**

6:00PM **Serenity on Saturday (SOS)**, The LGBT Center, room 207, 208 West 13th Street, New York, NY, 10014 **(C,GL,NC,RF,NS,WEB,HY)** *PW nazoommtg*

6:30PM **It Can Be Done (Children under 18 not permitted)**, Ready, Willing & Able - Harlem, @156th St, 2960 Frederick Douglass Blvd, New York, NY, 10039 **(C,B,NC,RF)**

7:30PM **NA Saturday Night Live**, Sirovich Center, 331 E 12th St, New York, NY, 10003 **(O,SD)**

9:00PM **Hell's Kitchen**, Trinity Presbyterian Church, Btwn 9th & 10th Aves, 422 W 57th St, New York, NY, 10019 **(C,St)**

VIRTUAL MEETINGS

Find virtual meetings at newyorkna.org/meetings

MEETING FORMAT LEGEND

B	(Beginners) This meeting is focused on the needs of new members of NA.
BL	(Bi-Lingual) This Meeting can be attended by speakers of English and another language.
BT	(Basic Text) This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.
C	(Closed) This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.
CH	(Closed Holidays) This meeting gathers in a facility that is usually closed on holidays.
D	(Discussion) This meeting invites participation by all attendees.
ES	(Espanol) This meeting is conducted in Spanish.
GL	(Gay/Lesbian/Transgender) This meeting is focused on the needs of gay, lesbian and transgender members of NA.
IP	(Informational Pamphlet) This meeting is focused on discussion of one or more Informational Pamphlets.
IW	(It Works -How and Why) This meeting is focused on discussion of the It Works -How and Why text.
JT	(Just for Today) This meeting is focused on discussion of the Just For Today text.
M	(Men) This meeting is focused on topics encountered by men in NA.
NC	(No Children) Please do not bring children to this meeting.
O	(Open) This meeting is open to addicts and non-addicts alike. All are welcome.
Pi	(Pitch) This meeting has a format that consists of each person who shares picking the next person.
RF	(Rotating Format) This meeting has a format that changes for each meeting.
Rr	(Round Robin) This meeting has a fixed sharing order (usually a circle.)
SC	(Surveillance Cameras) This meeting is held in a facility that has surveillance cameras.
SD	(Speaker/Discussion) This meeting is lead by a speaker, then opened for participation by attendees.
SG	(Step Working Guide) This meeting is focused on discussion of the Step Working Guide text.
So	(Speaker Only) This meeting is a speaker-only meeting. Other attendees do not participate in the discussion.
St	(Step) This meeting is focused on discussion of the Twelve Steps of NA.
Ti	(Timer) This meeting has sharing time limited by a timer.
To	(Topic) This meeting is based upon a topic chosen by a speaker or by group conscience.
Tr	(Tradition) This meeting is focused on discussion of the Twelve Traditions of NA.
W	(Women) This meeting is focused on topics encountered by women in NA.
WC	(Wheelchair) This meeting is wheelchair accessible.
YP	(Young People) This meeting is focused on the needs of younger members of NA.
BK	(Book Study) Approved N.A. Books
NS	(No Smoking) Smoking is not allowed at this meeting.
Ag	(Agnostic) Intended for people with varying degrees of Faith.
CW	(Children Welcome) Children are welcome at this meeting.
CP	(Concepts) This meeting is focused on discussion of the twelve concepts of NA.
WEB	(Online Meeting) This is a meeting that gathers on the Internet.
LC	(Living Clean) This is a discussion of the NA book Living Clean -The Journey Continues.
ID	(ID Required to Enter) This meeting is held in a facility that requires visitors to provide ID to enter.
QA	(Question and Answer) Q&A-style meeting where questions about the NA way of life are asked and answered.
HY	(Hybrid Meeting) Meets Virtually and In-person
SPAD	(A Spiritual Principle a Day) This meeting is focused on discussion of the book A Spiritual Principle a Day.

HELPLINES

Greater New York Regional Helpline	212-929-NANA (6262)
Eastern Long Island Area Helpline	631-689-NANA (6262)
Open Arms Area Helpline	1-800-498-5224
Greater New York Regional Service Office	212-929-7117

SERVICE MEETINGS

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

Basic Text, *page 65*

NEW YORK CITY & MANHATTAN AREAS

MEETING LIST

NOVEMBER 2026

Narcotics Anonymous is not affiliated with any of the facilities where our meetings are held. We list the facilities' names only to make it easier to find our meetings.

Meetings Weekly: 84