SUNDAY / DOMINGO

9:30AM **LICR OPEN 2026**, Long Island Center for Recovery, 320 W Montauk Hwy, Hampton Bays, NY, 11946 **(O,B,SD)**

7:00PM **Keep it Simple**, First Presbyterian Church, Main Road, Mattituck, NY, 11952 **(O,St)**

MONDAY / LUNES

7:30PM **Men with the Men**, American Legion, 478 Montauk Highway, Eastport, NY, 11941 **(C,M,RF)** *ONE HOUR FIFTEEN MINUTES*

7:30PM **Perpetual Change**, United Methodist Church, Basement, 201 East Main Street, Riverhead, NY, 11901 **(O,B,RF)**

TUESDAY / MARTES

7:00PM **Keep it Simple**, First Presbyterian Church, 12605 Main Road, Mattituck, NY, 11952 **(O,BT,IP,IW,JT)**

7:00PM **Recovery by the Barn**, Anderson Warner Hall, 158 West Montauk Highway, Hampton Bays, NY, 11946 **(O,RF)**

7:30PM **Miracle Women**, Old Steeple Church, 656 NY-25, Riverhead, NY, 11931 **(O,To,W)**

WEDNESDAY / MIÉRCOLES

5:30PM **Amagansett Living Room**, First Presbetyrian Church, 350 Main Street, Amagansett, NY, 11930 **(O,B,BT,Rr)**

7:00PM **Imagine**, St john's Episcopal church, library entrance, 33 Railroad Avenue, Center Moriches, NY, 11934 **(C,RF,SD,LC)**

7:30PM **North Shore Serenity**, North Shore United Methodist Church, 260 Route 25 A, Wading River, NY, 11792 **(O)**

THURSDAY / JUEVES

7:30PM **Perpetual Change**, United Methodist Church, 201 East Main Street, Riverhead, NY, 11901 **(O,B,SD)**

FRIDAY / VIERNES

7:00PM **Back to Life**, CHURCH OF FLANDERS, 1193 Flanders rd (NY 24) Flanders, NY, 11901 **(O,D,So)**

7:30PM **Life After Drugs**, Our Lady of Ostrabama, church basement, 3300 Depot road, Cutchogue, NY, 11935 **(O,RF,SD,St)** *the last friday of the month is a step meeting the step will correspond to the month*

SATURDAY / SÁBADO

8:30AM **Amagansett Living Room**, 1st Presbetytrian Church, @ Meeting House Lane, 350 Main Street, Amagansett, NY, 11930 **(JT,Rr,SD)**

6:30PM **Talking on the Topic**, 5 Hampton Street, Sag Harbor, NY, 11963 **(O,B,To)**

7:30PM **Perpetual Change**, United Methodist Church, 204 East Main Street, Riverhead, NY, 11901 **(O,SD)**

VIRTUAL MEETINGS

Find virtual meetings at newyorkna.org/meetings

MEETING FORMAT LEGEND

B	(Beginners) This meeting is focused on the needs of new members of NA.
BT	(Basic Text) This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.
C	(Closed) This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.
D	(Discussion) This meeting invites participation by all attendees.
IP	(Informational Pamphlet) This meeting is focused on discussion of one or more Informational Pamphlets.
IW	(It Works -How and Why) This meeting is focused on discussion of the It Works -How and Why text.
JT	(Just for Today) This meeting is focused on discussion of the Just For Today text.
M	(Men) This meeting is focused on topics encountered by men in NA.
O	(Open) This meeting is open to addicts and non-addicts alike. All are welcome.
RF	(Rotating Format) This meeting has a format that changes for each meeting.
Rr	(Round Robin) This meeting has a fixed sharing order (usually a circle.)
SD	(Speaker/Discussion) This meeting is lead by a speaker, then opened for participation by attendees.
So	(Speaker Only) This meeting is a speaker-only meeting. Other attendees do not participate in the discussion.
St	(Step) This meeting is focused on discussion of the Twelve Steps of NA.
To	(Topic) This meeting is based upon a topic chosen by a speaker or by group conscience.
W	(Women) This meeting is focused on topics encountered by women in NA.
LC	(Living Clean) This is a discussion of the NA book Living Clean -The Journey Continues.

HELPLINES

Greater New York Regional Helpline	212-929-NANA (6262)
Eastern Long Island Area Helpline	631-689-NANA (6262)
Open Arms Area Helpline	1-800-498-5224
Greater New York Regional Service Office	212-929-7117

SERVICE MEETINGS

PHONE NUMBERS

What is our message?

**The message is that an addict,
any addict, can stop using drugs,
lose the desire to use,
and find a new way to live.
Our message is hope
and the promise of freedom.**

EASTERN LONG ISLAND AREA

MEETING LIST

NOVEMBER 2026

Narcotics Anonymous is not affiliated with any of the facilities where our meetings are held. We list the facilities' names only to make it easier to find our meetings.

Meetings Weekly: 16