	SUNDAY / DOMINGO		
10:00A	Recovery by the Barn SUMMER (Memorial Day-Labor Day),		
М	Southampton Town rec center, red barn, 6 Newtown Road,		
	Hampton Bays, NY, 11946 (0,B) meeting begins 6/4/23 on hiatus after laborday till following summer		
7:00PM	Keep it Simple , First Presbyterian Church, Main Road, Mattituck,		
7.00111	NY, 11952 (O,St)		
	MONDAY / LUNES		
6:30PM	Talking on the Topic, Christ Episcopal Church, At the corner of		
	East Union Street in the village of Sag Harbor, New York.Church		
	hall next door upstairs., 5 Hampton Street, Sag Harbor, NY,		
7:30PM	11963 (O,Rr) Men with the Men, American Legion, 478 Montauk Highway,		
7.30FH	Eastport, NY, 11941 (C,M,RF) ONE HOUR FIFTEEN MINUTES		
7:30PM	Perpetual Change, United Methodist Church, Basement, 201		
	East Main Street, Riverhead, NY, 11901 (O,B,RF)		
	TUESDAY / MARTES		
6:30PM	Talking on the Topic, Christ Episcopal Chruch, 5 Hampton		
7 - 00DM	Street, Sag Harbor, NY, 11963 (O,SD,To)		
7:00PM	Keep it Simple, First Presbyterian Church, 12605 Main Road, Mattituck, NY, 11952 (O,BT,IP,IW,JT)		
7:00PM	Recovery by the Barn, Anderson Warner Hall, 158 West		
	Montauk Highway, Hampton Bays, NY, 11946 (O,RF)		
7:30PM	Miracle Women, Old Steeple Church, 656 NY-25, Riverhead, NY,		
	11931 (O,To,W)		
	WEDNESDAY / MIÉRCOLES		
5:30PM	Amagansett Living Room, First Presbetyrian Church, 350 Main		
	Street, Amagansett, NY, 11930 (O,B,BT,Rr)		
6:30PM	Street, Amagansett, NY, 11930 (O,B,BT,Rr) Timothy Hill Open, Timothy Hill Ranch Maxwell House, back of		
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	Street, Amagansett, NY, 11930 (O,B,BT,Rr) Timothy Hill Open, Timothy Hill Ranch Maxwell House, back of Bldng basement stairs, 294 Middle Rd, Riverhead, NY, 11901 (B,SD) Imagine, St john's Episcopal church, library entrance, 33		
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SATURDAY / SÁBADO
8:30AM Amagansett Living Room, 1st Presbetytrian Church, @

6:30PM Talking on the Topic, 5 Hampton Street, Sag Harbor, NY, 11963

7:30PM Perpetual Change, United Methodist Church, 201 East Main

Street, Riverhead, NY, 11901 (O,SD)

(JT,Rr,SD)

(O,B,To)

Meeting House Lane, 350 Main Street, Ammagansett, NY, 11930

	VIRTUAL MEETINGS			
- :	al adams a large a Marana a M			
Fir	Find virtual meetings at			
ne	wyorkna.org/meetings			
	Wy orkinator g/meetings			
	MEETING FORMAT LEGI	FND		
В	(Beginners) This meeting is focused on the needs of new members of NA.			
ВТ	(Basic Text) This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.			
С	(Closed) This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.			
IP	(Informational Pamphlet) This meeting is focused on discussion of one or more Informational Pamphlets.			
IW	(It Works -How and Why) This meeting is focused on discussion of the It Works -How and Why text.			
JΤ	(Just for Today) This meeting is focused on discussion of the Just For Today text.			
М	(Men) This meeting is focused on topics encountered by men in NA.			
0	(Open) This meeting is open to addicts and non-addicts alike. All are welcome.			
RF	(Rotating Format) This meeting has a format that changes for each meeting.			
Rr	(Round Robin) This meeting has a fixed sharing order (usually a circle.)			
SD	(Speaker/Discussion) This meeting is lead by a speaker, then opened for participation by attendees.			
St	(Step) This meeting is focused on discussion of the Twelve Steps of NA.			
То	(Topic) This meeting is based upon a topic chosen by a speaker or by group conscience.			
w	(Women) This meeting is focused on topics encountered by women in NA.			
LC	(Living Clean) This is a discussion of the NA book Living Clean -The Journey Continues.			
	HELPLINES			
Cro	ater New York Regional Helpline	212-929-NANA (6262)		
	<u> </u>			
	tern Long Island Area Helpline	631-689-NANA (6262)		
Оре	n Arms Area Helpline	1-800-498-5224		
Gre	ater New York Regional Service Office	212-929-7117		
	CERVICE MEETINGS			
	SERVICE MEETINGS			

What is our message?

PHONE NUMBERS

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65



EASTERN LONG ISLAND AREA MEETING LIST OCTOBER 2025

Meetings Weekly: 21