	SUNDAY / DOMINGO
10:00AM	Rise & Shine, Veterans Memorial Hall, 60 Lake Road, Congers, NY, 10920 (O,D,JT,BK)
5:30PM	Reawak, Good Shepard Luthern Church, 112 North Main Street, Pearl River, NY, 10965 (O)
6:00PM	One Block Over, Senior Citizens Center, 1st fl, @N Franklin St, 90 Depew Avenue, Nyack, NY, 10960 (O,B,RF,WEB,VM) https://zoom.us/j/7727135256 PW: oneblock PW: oneblock
	MONDAY / LUNES
6:00PM	Spark of Hope, Christ Episcopal Church, Parking lot on 5 New Street, 14 Union Street, Sparkill, NY, 10976 (C,D,St,LC)
7:30PM	Back to Basics, Haverstraw Center, 50 West Broad Street, Haverstraw, NY, 10927 (O,B,NS)
	TUESDAY / MARTES
5:30PM	Change or Die, Quaker Friends Building, 60 Leber Rd, Blauvelt, NY, 10913 (O,B,RF,WC)
	WEDNESDAY / MIÉRCOLES
8:00PM	Starting Over , Grace Episcopal Church, 130 1st Avenue, Nyack, NY, 10960 (0)
	THURSDAY / JUEVES
7:30PM	Basic Text Study Group, Salvation Army Spring Valley Corps. Community Center, 179 N. Main Street, Spring Valley, NY, 10977 (C,BT,BK)
7:30PM	Historical Spiritual Solution , 33 Goshen Ave, Washingtonville, NY, 10992 (0)
	FRIDAY / VIERNES
7:30PM	The Choice is Ours, Grace Episcopal Church, Basement, Btwn N Franklin St & N Broadway, 130 First Ave, Nyack, NY, 10960 (O,B,JT)
9:00PM	Solution Seekers, St. Stephen's Church, Use stained glass double doors - turn right, then left, 84 Ehrhardt Rd, Pearl River, NY, 10965 (C,RF,BK,WEB,VM) https://usoZweb.zoom.usj//882040415587pwd=Mi81bjl6c1Q3Tm1GTm01c1hBL1INQTC 9 PW 454283 PW 454283
	SATURDAY / SÁBADO
10:00AM	No Excuses, Veteran's Memorial Hall, @ Green St., 60 Lake Rd, Congers, NY, 10920 (C,JT,Pi,BK)
5:30PM	The Way It Works, Foundations Recovery Community Center - RCADD, Back of building, 25 Smith Street, Suite 107, Nanuet, NY, 10954 (O,IW,St,Tr,BK)
8:00PM	Saturday Night Alive, Grace Episcopal Church, 130 1st Avenue, Nyack, NY, 10960 (O,B,RF,NS)
10:00PM	Saturday Night Fever , Goshen Christian Reformed Church, Enter through either the parking lot or the back patio. Meeting is on the lower level of the

youth center. Bonfire meeting. ., 2440 NY-17A, Goshen, NY, 10924

(O,CL,RF,BK)

VIRTUAL MEETINGS

Find virtual meetings at newyorkna.org/meetings

	MEETING FORMAT LEGEND
В	(Beginners) This meeting is focused on the needs of new members of NA.
ВТ	(Basic Text) This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.
С	(Closed) This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.
CL	(Candlelight) This meeting is held by candlelight.
D	(Discussion) This meeting invites participation by all attendees.
IW	(It Works -How and Why) This meeting is focused on discussion of the It Works -How and Why text.
JΤ	(Just for Today) This meeting is focused on discussion of the Just For Today text.
0	(Open) This meeting is open to addicts and non-addicts alike. All are welcome.
Pi	(Pitch) This meeting has a format that consists of each person who shares picking the next person.
RF	(Rotating Format) This meeting has a format that changes for each meeting.
St	(Step) This meeting is focused on discussion of the Twelve Steps of NA.
Tr	(Tradition) This meeting is focused on discussion of the Twelve Traditions of NA.
wc	(Wheelchair) This meeting is wheelchair accessible.
BK	(Book Study) Approved N.A. Books
NS	(No Smoking) Smoking is not allowed at this meeting.
WEB	(Online Meeting) This is a meeting that gathers on the Internet.
LC	(Living Clean) This is a discussion of the NA book Living Clean -The Journey Continues.
VM	(Virtual Meeting) Meets Virtually

HELPLINES	
Greater New York Regional Helpline	212-929-NANA (6262)
Eastern Long Island Area Helpline	631-689-NANA (6262)
Open Arms Area Helpline	1-800-498-5224
Greater New York Regional Service Office	212-929-7117

SERVICE MEETINGS

PHONE NUMBERS			

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65



ROCKLAND AREA MEETING LIST NOVEMBER 2025

Meetings Weekly: 15