	SUNDAY / DOMINGO
10:00AM	Recovery by the Barn SUMMER (Memorial Day-Labor Day), Southampton Town rec center, red barn, 6 Newtown Road, Hampton Bays, NY, 11946 ( <b>O,B</b> ) meeting begins 6/4/23 on hiatus after laborday till following summer
7:00PM	<b>Keep it Simple</b> , First Presbyterian Church, Main Road, Mattituck, NY, 11952 <b>(O,St)</b>
	MONDAY / LUNES
6:30PM	<b>Talking on the Topic</b> , Christ Episcopal Church, At the corner of East Union Street in the village of Sag Harbor, New York.Church hall next door upstairs., 5 Hampton Street, Sag Harbor, NY, 11963 <b>(O,Rr)</b>
7:30PM	Men with the Men, American Legion, 478 Montauk Highway, Eastport, NY, 11941 (C,M,RF) ONE HOUR FIFTEEN MINUTES
7:30PM	<b>Perpetual Change</b> , United Methodist Church, Basement, 201 East Main Street, Riverhead, NY, 11901 (O,B,RF)
	TUESDAY / MARTES
6:30PM	<b>Talking on the Topic</b> , Christ Episcopal Chruch, 5 Hampton Street, Sag Harbor, NY, 11963 <b>(O,SD,To)</b>
7:00PM	Keep it Simple, First Presbyterian Church, 12605 Main Road, Mattituck, NY, 11952 (O,BT,IP,IW,JT)
7:00PM	Recovery by the Barn, Anderson Warner Hall, 158 West Montauk Highway, Hampton Bays, NY, 11946 (O,RF)
7:30PM	Miracle Women, Old Steeple Church, 656 NY-25, Riverhead, NY, 11931 (O,To,W)
	WEDNESDAY / MIÉRCOLES
5:30PM	Amagansett Living Room, First Presbetyrian Church, 350 Main Street, Amagansett, NY, 11930 (O,B,BT,Rr)
6:30PM	Timothy Hill Open, Timothy Hill Ranch Maxwell House, back of Bldng basement stairs, 294 Middle Rd, Riverhead, NY, 11901 (B,SD)
7:00PM	Imagine, St john's Episcopal church, library entrance, 33 Railroad Avenue, Center Moriches, NY, 11934 (C,RF,SD,LC)
7:30PM	North Shore Serenity, North Shore United Methodist Church, 260 route 25 A, Wading River, NY, 11792 (O)
	THURSDAY / JUEVES
6:30PM	Talking on the Topic, Christ Episcopal, 5 Hampton Street, Sag Harbor, NY, 11963 (O,To)
7:00PM	Simple Minded Online, NY, (WEB,VM) https://us02web.zoom.us/j/93090050509 pswd recovery
7:30PM	Perpetual Change, United Methodist Church, 201 East Main Street, Riverhead, NY, 11901 (O,B,SD)
	FRIDAY / VIERNES
6:30PM	<b>Talking on the Topic</b> , Christ Episcopal Church, At the corner of East Union Street in the village of Sag Harbor, New York., 5 Hampton Street, Sag Harbor, NY, 11963 <b>(O,SD,St,To)</b>
7:30PM	<b>LICR OPEN</b> , long island center for recovery, 320 W montauk hwy, Hampton Bays, NY, 11946 <b>(B,SD)</b>
7:30PM	<b>Life After Drugs</b> , sacred Heart, church parish Hall (Next to Diner), 27905 Main Rd, Cutchogue, NY, 11935 <b>(O,RF,SD,St)</b> the last friday of the month is a step meeting the step will correspond to the month
	SATURDAY / SÁBADO
8:30AM	Amagansett Living Room, 1st Presbetytrian Church, @ Meeting House Lane, 350 Main Street, Ammagansett, NY, 11930 (JT,Rr,SD)
6:30PM	Talking on the Topic, 5 Hampton Street, Sag Harbor, NY, 11963 (O,B,To)

7:30PM Perpetual Change, United Methodist Church, 201 East Main Street,

Riverhead, NY, 11901 (O,SD)

#### **VIRTUAL MEETINGS**

## Find virtual meetings at newyorkna.org/meetings

	MEETING FORMAT LEGEND
В	(Beginners) This meeting is focused on the needs of new members of NA.
ВТ	(Basic Text) This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.
С	(Closed) This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.
IP	(Informational Pamphlet) This meeting is focused on discussion of one or more Informational Pamphlets.
IW	(It Works -How and Why) This meeting is focused on discussion of the It Works -How and Why text.
JΤ	(Just for Today) This meeting is focused on discussion of the Just For Today text.
М	(Men) This meeting is focused on topics encountered by men in NA.
0	(Open) This meeting is open to addicts and non-addicts alike. All are welcome.
RF	(Rotating Format) This meeting has a format that changes for each meeting.
Rr	(Round Robin) This meeting has a fixed sharing order (usually a circle.)
SD	(Speaker/Discussion) This meeting is lead by a speaker, then opened for participation by attendees.
St	(Step) This meeting is focused on discussion of the Twelve Steps of NA.
То	(Topic) This meeting is based upon a topic chosen by a speaker or by group conscience.
w	(Women) This meeting is focused on topics encountered by women in NA.
WEB	(Online Meeting) This is a meeting that gathers on the Internet.
LC	(Living Clean) This is a discussion of the NA book Living Clean -The Journey Continues.
VM	(Virtual Meeting) Meets Virtually

HELPLINES	
Greater New York Regional Helpline	212-929-NANA (6262)
Eastern Long Island Area Helpline	631-689-NANA (6262
Open Arms Area Helpline	1-800-498-5224
Greater New York Regional Service Office	212-929-7117

#### SERVICE MEETINGS

### What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live.

Our message is hope and the promise of freedom.

Basic Text, page 65



# EASTERN LONG ISLAND AREA MEETING LIST NOVEMBER 2025

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