

Directions to Meeting Venues

Veterans Memorial Hall

NYS Thruway to Exit 12, Palisades Mall Exit to Route 303 North. Travel North on Route 303 into Congers. Turn left onto Congers Road. (Rick's Club America on the corner) The VMH is on the right hand side of the street after St. Paul's Church and before the Firehouse.

Nyack Senior's Center

NYS Thruway to Exit 11, then turn left onto Route 59. Stay on Route 59 (Becomes Main Street). At the 3rd. traffic light, turn right onto South Franklin Ave. Next left onto Depew Avenue, Nyack Senior's Center is on the left side of the street, On street parking only.

Grace Episcopal Church

NYS Thruway to Exit 11, then turn left onto Route 59. Stay on Route 59 (Route 59 becomes Main Street). At the 3rd. traffic light turn left onto North Franklin Ave. Proceed on North Franklin Avenue and Church is on the right side of the street, 2 blocks from Main Street. On street parking only!

Christ Episcopal Church

Take Route 9W into Sparkill. Or Palisades Pkwy to exit 5N, Route 303 to Route 340 about a mile until Valentine St, go right and at Union St another right. Then left on New St into lot. Meeting is in Little red building on corner next to church.

Nyack Hospital

NYS Thruway to Exit 11, then turn left onto Route 59. Stay on Route 59 (Route 59 becomes Main Street). At the second traffic light turn left onto North Midland Ave. Continue on North Midland Ave. and the Hospital is on the left side of the street, (3 blocks from Main Street) Use the security entrance to the left of the main entrance.

The Haverstraw Center

Take State Route 9W North or South to the Village of Haverstraw. Turn Left or Right onto Main Street and cross over RR tracks. Proceed to The First stop sign, at the first stop sign turn left onto Maple Avenue, go 1 block and the turn left onto West Broad Street. The Haverstraw Center is up one block on the right hand side. Turn right at the sign for The Haverstraw Center and proceed to the end of the parking lot, bldg. is on the left.

Berea 7th. Day Adventist Church

NYS Thruway to Exit 11, then turn left onto Route 59. Stay on Route 59 (Becomes Main Street). At the 4th traffic light turn right onto S. Broadway. Go 4 blocks and turn left on Hudson Avenue, Church is on the corner of South Broadway and Hudson Avenue, on street parking only.

Directions to Meeting Venues (Continued)

United Methodist Church

Take State Route 304 North or South to Congers Road in New City. Turn Left or Right onto Congers Road. Stay on Congers Road for approx. 1/4 mile and the Church is on the left side of the street. Turns into driveway, entrance and parking lot are located in the rear of the building.

Nanuet Pavilion 25 Smith Street

Take the Palisades Parkway North or South to Exit 8W. which is Route 59 West. Proceed to the 1st. traffic light and turn right onto Smith Street. Nanuet Pavilion is on the left side past the Rockland Shopping Center.

St. Stephens Episcopal Church

Palisades Parkway North or South Exit 7 Townline Rd. towards Nanuet Appx 1 mile to Ehrardt Rd, turn left Appx 1 mile to church entrance on left

The Serenity Prayer:

*God, grant me
SERENITY to accept the things I cannot Change,
COURAGE to change the things I can, and
WISDOM to know the difference.*

Narcotics Anonymous Meetings

In Rockland County, New York



Web Site: <https://rocklandnarcoticsanonymous.org>

Email: rocklandnyna@gmail.com

Regional Helpline: (212) 929-NANA (6262)

Name **Phone #**

All Meetings are Non-Smoking, Including Electronic Cigarettes and Vaping.

Sunday

Congers

10:00 AM (1 hour)

Rise & Shine (O,D,JT,BK)

Veterans Memorial Hall, 60 Lake Rd

Nyack

7:00 PM

One Block Over (O,B,RF,WEB,TC,VM)

Senior Citizens Center, 1st fl, (@N Franklin St), 90

Depew Ave

PW: *oneblock*

Monday

Haverstraw

7:30 PM (1 hour and 15 minutes)

Back to Basics (O,B,NS)

Haverstraw Center, 50 West Broad St

Tuesday

Blauvelt

5:30 PM (1 hour)

Change or Die (O,B,RF,WC)

Quaker Friends Building, 60 Leber Rd

Meeting outdoors

Thursday

Sparkill

6:00 PM (1 hour)

Spark of Hope (O,JT,Rr,SD,WEB,TC,VM,BK)

Christ Episcopal Church, (red building), 14 Union St

PW 004108

Friday

Nyack

7:30 PM (1 hour)

The Choice is Ours (O,B,JT,BK)

Grace Episcopal Church, Basement, (Btwn N Franklin St & N Broadway), 130 First Ave

Pearl River

9:00 PM (1 hour and 15 minutes)

Solution Seekers (C,RF,BK,WEB,TC,VM)

St. Stephen's Church, (Use stained glass double doors - turn right, then left), 84 Ehrhardt Rd

PW 832947

Saturday

Congers

10:00 AM (1 hour)

No Excuses (C,JT,Pi,BK,WEB,HY)

Veteran's Memorial Hall, (@ Green St.), 60 Lake Rd

PW 110619

Nanuet

7:00 PM (1 hour)

Staying Alive (O,B,NS)

RCADD, Inc. (Nanuet Pavilion), 25 Smith St, Suite 101

Meeting in the parking lot. Masks Required + Social Distancing

Nyack

9:00 PM (1 hour)

Saturday Night Alive (O,B,RF,NS,WEB,HY)

Nyack Hospital, Cafeteria Conference Room, 160 N.

Midland Ave

PW 777777

Format Legend

B	Beginners	Pi	Pitch
BK	Book Study	RF	Rotating Format
C	Closed	Rr	Round Robin
D	Discussion	SD	Speaker/Discussion
HY	Hybrid Meeting	TC	Temporarily Closed Facility
JT	Just for Today	VM	Virtual Meeting
NS	No Smoking	WC	Wheelchair
O	Open	WEB	Online Meeting

Rockland Area Service Committee Meetings

Area Service

1st Tuesday of Every Month, at 7:30pm

St. Stephens Church, 84 Ehrhardt Road, Pearl River 10965

Hospitals and Institutions (H&I)

3rd Tuesday of Every Month, at 7:30pm

St. Stephens Church, 84 Ehrhardt Road, Pearl River 10965

Events & Activities Sub Comm. (E&A) & Outreach

4th Tuesday of Every Month, at 7:30pm

St. Stephens Church, 84 Ehrhardt Road, Pearl River 10965

Some Basic Suggestions:

Make 90 meetings in 90 days. If that sounds like a lot, make a meeting a day and the 90 will take care of itself.

Get a sponsor. A sponsor is another recovering addict just like you with a working knowledge of the 12 steps and 12 traditions of NA.

Get phone numbers. Dial them, don't file them.

Get involved. Get a commitment such as helping set up before the meeting or cleaning up when the meeting is over.

Come early and stay late.

Join a home group. A home group is a meeting that you attend regularly where people get to know you and you to know them.

Most importantly, don't pick up!