This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.

This meeting is focused on discussion of the Just For Today text.

This meeting is wheelchair accessible.

This meeting is focused on discussion of the Twelve Steps of NA.

This meeting is open to addicts and non-addicts alike. All are welcome.

This meeting invites participation by all attendees.

This meeting is based upon a topic chosen by a speaker or by group conscience.

This meeting has a format that changes for each meeting.

This meeting is conducted in Spanish.

This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.

Please do not bring children to this meeting.

This meeting is held in a facility that has surveillance cameras.

This meeting is focused on the needs of new members of NA.

This meeting has a fixed sharing order (usually a circle.)

This meeting is focused on the needs of gay, lesbian and transgender members of NA.

This meeting is a speaker-only meeting. Other attendees do not participate in the discussion.

This meeting has a format that consists of each person who shares picking the next person.

This meeting gathers in a facility that is usually closed on holidays.

This meeting is focused on topics encountered by women in NA.

Children are welcome at this meeting.

This meeting is lead by a speaker, then opened for participation by attendees.

This meeting is held in a facility that requires visitors to provide ID to enter.

This meeting is focused on discussion of the Twelve Traditions of NA.

This Meeting can be attended by speakers of English and another language.

This meeting is focused on discussion of one or more Informational Pamphlets.

This meeting is focused on discussion of the It Works -How and Why text.

This meeting is focused on discussion of the Step Working Guide text.

This meeting is focused on discussion of the twelve concepts of NA.

This is a discussion of the NA book Living Clean -The Journey Continues.

This meeting is focused on topics encountered by men in NA.

This meeting has sharing time limited by a timer.

This meeting is focused on the needs of younger members of NA.

Smoking is not allowed at this meeting.

This meeting is held by candlelight.

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NYCASC Mailing Address:
PMB # 329
70-A Greenwich Ave.
New York, NY 10011
email: meetinglist@nycna.org

MASC Mailing Address:
P.O Box 8391
JAF Station
New York, NY 10001
Wednesday (Continued)

6:30 PM
Uptown Men's Meeting (C,M,RF,WC)
E 100s
Union Settlement Center, (Between 2nd & 3rd Avenues), 237 East 104th Street

7:30 AM
ABC's to Recovery (O,B)
East Village
All Saints Church, basement, (Bwtn 2nd & 3rd Aves), 206 E 11th St.

8:30 PM
All Kinds of Relationships (O,To)
Harlem
PS 194, Cafeteria, (Bwtn 7th & 8th Aves (meeting is closed for summer and will reopen the third week of September) Meeting is Closed on All School Holidays).

7:00 PM
My Sister's Keeper (O,W,ST,To,D)
Harlem
Pillars Recovery Center, (Between 124th & 126th Sts. Lower Level), 289 St. Nicholas Ave.

8:30 PM
Westside Women (C,W,To,CH)
W 30s
St. Francis of Assisi, Adult Education Center, Room 5, (Bwtn 6th & 7th Aves), 139 W 31st St.

6:30 PM
Men Living Clean, The Journey Continues (L,C,M,SK)
Washington Heights
Colegiate Reformed Church, (Corner of Fort Washington), 729 West 181st Street

7:00 PM
High on Life 1 (O,RF,WC)
E 100s
East River Houses Community Ctr, (Btwn 1st Ave & FDR Drive), 404 E 163rd St.

7:00 PM
Recuperation on the Lower East Side (O,B,BK,RF,BL,WC)
Lower East Side
200 Madison st., (Rutgers Street Community Center), 200 Madison St.

7:30 PM (1 hour and 15 minutes)
Our Whole Lives Ahead of Us: Youth Meeting (I,D,O,YP,RF,To)
Greenwich Village
Seventh Day Adventist Church, (Btwn West 4th St. & Waverly Pl. / Just off of 7th Ave South), 232 West 11th Street

7:30 PM
New Attitudes (C,ST,WC)
W 120s
Christian Parish House, Basement Side Ent, (@ W 122nd St), 2044 7th Ave.

8:30 PM
ABC Steps to Recovery (O,St)
East Village
All Saints Ukrainian Church, (Bwtn 2nd and 3rd Ave), 206 East 11th St.

Thursday

7:30 AM
7AM Wake-up (Children 17 and younger not permitted) (O,B,NC,WC)
W 150s
Ready Willing & Able, (@156th St), 2960 8th Ave

9:00 AM
9 AM Wake-up (O,B)
East Village
Washington Square Institute - 4th Floor, (Between Broadway & University Place), 41 East 11th Street

9:30 AM
Let There Be Life (O,Pi)
Harlem
Saint Marks United Methodist Church, (Bwtn 137th and 138th Street), 49-55 Edgecombe Avenue

12:30 PM (1 hour)
Meditation Lunch (O,D)
Chelsea
New York Insight Meditation Center, 28 W 10th Street, 10th Floor. Silent Meditation. No speaker.

1:00 PM (1 hour)
Living Free (C,ST,Ch)
East Village
Town & Village Synagogue, Ground Floor Auditorium, (Btw 1st & 2nd Ave.), 334 E. 14th St.

1:00 PM (1 hour)
West Side Recovery (C,B,ST,Jo,WC)
Midtown
St. Francis Adult Education Center, Room 3, (Bwtn W 113th & W 114th Sts), 73-75 Lenox Ave.

3:00 PM
Manhattan 3 O'Clock Group (O,B,RF)
Saint Francis Assisi Church - Education Building Room #3, (Bwtn 6th & 7th Aves. Entrance to the left of the church.), 139 West 31st Street

5:00 PM
We Can Do It (O,B,RF,ST,NS)
West 120s
St. Mary's Church, (Between Amsterdam and Old Broadway), 512 West 126th street

5:15 PM
No Matter What (O,RF,To,WC)
East Village
Housing Works, Ground Floor, (Btw Ave C&D, 743 E 9th St)

5:30 PM
Aging In Recovery (C,ST,SD)
Harlem
Rosa Parks Building, (Between 118th and 119th Streets), 163 St. Nicholas Avenue

6:15 PM (1 hour and 15 minutes)
Second Lives (C,St)
SoHo
Hazelend, (Bwtn Canal and Lispenard St.), 283 Broadway

6:30 PM
Seize the Day (I,D,BK,RF,FR,St,ST,JT)
Upper East Side
Robert Wagner Middle School, (between 72nd and 73rd Avenues; downstairs; Teachers' Lounge), 220 East 76th Street

1st Thursday is a step meeting. Every other Thursday is JFT.

7:00 PM
Recurring Themes (O,To,WC)
East Village
Bernstein Pavilion, Beth Israel Hospital.(Conference room A), (15th St. near 2nd ave.), 10 Nathan Perlman Pl.

7:00 PM
Recovery in the Lower East Side (O,B,BK,RF,WC)
East Village
LES C, (Between Ave. B and C), 630 East 8th Street

7:00 PM
The Solution Group (I,D,C,To)
Greenwich Village
City-As-School, (1st floor lunch room), 16 Clarkson Street

8:00 PM
Hope in the Projects (B,WC)
W 110s
Martin Luther King Center, Community Rom, (@2nd Ave), 2 W 115 St

7:00 PM
Convent Group (O,RF)
W 120s
St Mary's Episcopal Church, Basement, (Bwtn Broadway & Amsterdam Ave), 521 W 126th St

8:30 PM
It Starts Here (O,RF,WC)
W 80s
Volunteers of America, (Bwtn West End & Riverside), 340 W 85th St.

7:00 PM
Washington Heights Group (O,B)
Washington Heights
St Elizabeth's Church, Rectory, (@187th St), 288 Wadsworth Ave

7:15 PM
Miracles on 104th Street (C,B,ST)
Spanish Harlem
Church of Living Hope, (Betz. Westing 104th Avenue), 161 E 104th Street

7:45 PM (1 hour and 15 minutes)
Practicing Principles (C,ST,TR,WC)
TriBeCa
Hazelend, (Lower room), 283 West Broadway

8:15 PM
I'd Rather Be Here (C,R,SD,WC)
St. Mary's Church, (Between Amsterdam and Old Broadway), 512 West 126th street

9:30 AM
9 AM Wake-up (C,WC)
East Village
Washington Square Institute - 4th Floor, (Between Broadway & University Place), 41 East 11th Street

9:30 PM
Let There Be Life (O,Harlem
Saint Marks United Methodist Church, (Bwtn 137th and 138th street), 49-55 Edgecombe Ave

Friday

7:00 AM
7AM Wake-up (Children 17 and younger not permitted) (O,B,NC,WC)
W 150s
Ready Willing and Able, (@156th St), 2960 8th Ave

9:00 AM
9 AM Wake-up (O,B)
East Village
Washington Square Institute - 4th Floor, (Between Broadway & University Place), 41 East 11th Street

9:00 AM
Hope in the Projects (B,WC)
W 110s
Martin Luther King Center, Community Rom, (@2nd Ave), 2 W 115 St

10:00 AM
Convent Group (O,RF)
W 120s
St Mary's Episcopal Church, Basement, (Bwtn Broadway & Amsterdam Ave), 521 W 126th St

11:00 AM
It Starts Here (O,RF,WC)
W 80s
Volunteers of America, (Bwtn West End & Riverside), 340 W 85th St.

7:00 PM
It's About Change (O,ST,TR,WC)
West Village
City As School, (West of Varick and North of Houston Street), 16 Clarkson Street

11:30 PM
Women Learning HOW (O,W,RF,WC)
Harlem
Saint Marks United Methodist Church, (Bwtn 137th and 138th Street), 49-55 Edgecombe Ave

Saturday

9:30 AM
Early Morning Serenity (O,B,RF)
E 100s
Church of Resurrection, (Between 1st and 2nd Ave.), 325 East 101st Street

10:00 AM
MM AM Recovery (Children under 18 not permitted) (O,RF,NC)
Harlem
Ready Willing And Able Building Cafeteria, (Btw 156th & 154), 2960 Frederick Douglass Avenue

10:00 AM
Recovering in Washington Heights (C,R)
Washington Heights
Colegiate Reformed Church, (@156th St), 2205 1st Ave

 Noon
Men's Meeting (C,MR)
East Village
The Fathers Heart Ministry, (Bwtn 7th & 8th Sts.), 545 East 11th street

12:15 PM
Women Learning HOW (O,W,RF,WC)
Harlem
Saint Marks United Methodist Church, (Bwtn 137th and 138th Street), 49-55 Edgecombe Ave
<table>
<thead>
<tr>
<th>Time</th>
<th>Event Description</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:00 PM</td>
<td>Life Begins Again (O,B,WC)</td>
<td>East Harlem Jefferson Community Center, (@ 113th St.), 2205 1ST AVENUE</td>
</tr>
<tr>
<td>3:00 PM</td>
<td>Soho Serenity (C,BK,Rr,JT,NC,WC)</td>
<td>Soho Hazeledon, (Btwn Canal and Lispenard St.), 283 West Broadway</td>
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<tr>
<td>3:00 PM</td>
<td>Stepping in the Mix (C,RF,WC)</td>
<td>W 150s Rev John J Sass Plaza, 1st fl Back Rec Rm, (Btwn 8th Ave and McCombs), 267 W 152nd St</td>
</tr>
<tr>
<td>3:00 PM</td>
<td>The Journey Continues Group (C,BK,NS,WC)</td>
<td>Washington Heights Senior Citizen Center, (Near West 201st), 3782 10th Avenue</td>
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<tr>
<td>4:30 PM</td>
<td>Westside Serenity (C,RF)</td>
<td>Upper West Side Holy Name Church, Basement, (Btwn Bway &amp; Amsterdam Ave), 207 W 96th Street</td>
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<tr>
<td>5:00 PM</td>
<td>Women on The Journey (C,W,St)</td>
<td>East Village Marion Agnes House, 2nd floor, (Between Ave A &amp; B), 206 East 4th Street</td>
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<tr>
<td>6:00 PM</td>
<td>Serenity on Saturday (C,GL,RF,NS,NC)</td>
<td>Greenwich Village LGBT Center, 208 West 13th Street room 207</td>
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<tr>
<td>6:30 PM</td>
<td>Angels with Dirty Faces (LC,C,NC)</td>
<td>Upper West Side West Park Presbyterian Church, (Between Amsterdam &amp; Columbus Aves.), 165 West 86th Street</td>
</tr>
<tr>
<td>6:30 PM</td>
<td>It Can Be Done (Children under 18 not permitted) (C,B,NC)</td>
<td>W 150s Ready, Willing &amp; Able - Harlem, (@156th St), 2960 Frederick Douglass Blvd</td>
</tr>
<tr>
<td>7:30 PM</td>
<td>West Side en Recuperacion (O,ES,B,St,Tr)</td>
<td>St. Elizabeth Church, 268 Wadsworth Avenue</td>
</tr>
<tr>
<td>8:00 PM</td>
<td>Freedom From Addiction (O,RF,WC)</td>
<td>E 110s Peter J Sharp Residence, Basement, (Btwn 2nd &amp; 3rd Aves), 223 E 117th St</td>
</tr>
<tr>
<td>9:00 PM</td>
<td>Hell's Kitchen (C,St)</td>
<td>W 50s Trinity Presbyterian Church, (Btwn 9th &amp; 10th Aves), 422 W 57th St</td>
</tr>
</tbody>
</table>

**NYCASC Meeting Info:**
2:00 PM, third Sunday of every month Greater New York Regional RSO 154 Christopher Street, Suite 1A (Between Washington & Greenwich) Manhattan, NY 10014

**MASC Meeting Info:**
10:00 AM, first Saturday of every month EM Moore Houses (Basement) 160 W 116th St Manhattan, NY 10026