Format Key

C This meeting is closed to non-addicts. You should attend only if you believe that you may have a problem with substance abuse.

BT This meeting is focused on discussion of the Basic Text of Narcotics Anonymous.

WC This meeting is wheelchair accessible.

BK Approved N.A. Books

GL This meeting is focused on the needs of gay, lesbian and transgender members of NA.

So This meeting is a speaker-only meeting. Other attendees do not participate in the discussion.

St This meeting is focused on discussion of the Twelve Steps of NA.

O This meeting is open to addicts and non-addicts alike. All are welcome.

D This meeting invites participation by all attendees.

To This meeting is based upon a topic chosen by a speaker or by group conscience.

Pi This meeting has a format that consists of each person who shares picking the next person.

ES This meeting is conducted in Spanish.

JT This meeting is focused on discussion of the Just For Today text.

B This meeting is focused on the needs of new members of NA.

Rr This meeting has a fixed sharing order (usually a circle.)

SC This meeting is held in a facility that has surveillance cameras.

CH This meeting gathers in a facility that is usually closed on holidays.

Tr This meeting is focused on discussion of the Twelve Traditions of NA.

W This meeting is focused on topics encountered by women in NA.

CW Children are welcome at this meeting.

BL This meeting can be attended by speakers of English and another language.

SD This meeting is lead by a speaker, then opened for participation by attendees.

ID This meeting is held in a facility that requires visitors to provide ID to enter.

IW This meeting is focused on discussion of the It Works -How and Why text.

SG This meeting is focused on discussion of the Step Working Guide text.

CP This meeting is focused on discussion of the twelve concepts of NA.

LC This is a discussion of the NA book Living Clean -The Journey Continues.

IP This meeting is focused on discussion of one or more Informational Pamphlets.

Ti This meeting has sharing time limited by a timer.

YP This meeting is focused on the needs of younger members of NA.

M This meeting is focused on topics encountered by men in NA.

NS Smoking is not allowed at this meeting.

CL This meeting is held by candlelight.

NYCASC Mailing Address:
PMB # 329
70-A Greenwich Ave.
New York, NY 10011
email: meetinglist@nycna.org

MASC Mailing Address:
P.O Box 8391
JAF Station
New York, NY 10001

Regional Helpline: (212) 929-NANA (6262)
NYCASC Web Site: http://nycna.org
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<tr>
<th>Monday</th>
<th>Monday (Continued)</th>
<th>Tuesday</th>
<th>Tuesday (Continued)</th>
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<tbody>
<tr>
<td>7:00 PM</td>
<td>We Have Hope (Children 17 and younger not permitted) (C,B,SD,W) Harlem Ready Willing and Ability Facility, (156th St), 2960 8th Ave. 2 speakers</td>
<td>7:00 PM</td>
<td>Recovery in El Barrio (O,B) E 100s Union Settlement, (between 2nd and 3rd Aves), 237 E 104th Street</td>
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<tr>
<td>7:00 PM</td>
<td>East Side Story (O,To) midtown 240 East 31st Street, (Btw 2nd &amp; 3rd Ave.), 240 East 31st Street</td>
<td>7:00 PM</td>
<td>Closest to the Heart (C,B,BT,W) E 110s Veterans Residence, 1st fl back Rec Rm, (Btw 5th &amp; Madison Aves), 22 E 119th St</td>
</tr>
<tr>
<td>7:00 PM</td>
<td>Free to Be Me (O) Washington Heights Apartment Building, 530 West 177th Street</td>
<td>7:00 PM</td>
<td>Recovery from the Heart (O,B,BK,W) fulfillment Upper East Side Robert Wagner Junior High School (conference teacher’s lounge), (between 2nd and 3rd Aves.), 220 E. 76th St.</td>
</tr>
<tr>
<td>7:00 PM</td>
<td>Recovery in the 80’s (O,RF,W) W 80s Holy Trinity Church, Basement, (Btw Bway &amp; Ave. Amsterdam Dove. Does not meet on Mon of holiday weekends), 213 W 82nd St.</td>
<td>8:00 PM</td>
<td>Recurring Themes (C,B,To,W) East Village Bernstein Pavilion, Beth Israel Hospital (Conference room A), (15th St. near 2nd Ave.), 10 Nathan Perlman Pl.</td>
</tr>
<tr>
<td>7:30 AM</td>
<td>7AM Wake-up (Children 17 and younger not permitted) (O,B,NC,W) Harlem W 150s Ready Willing and Ability Friendly, (156th St), 2960 8th Ave.</td>
<td>7:30 AM</td>
<td>Recovery by the River (C,RF,W) W 120s Riverside Church, (Btw 121st &amp; 122nd Sts), 91 Claremont Ave</td>
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<td>7:30 AM</td>
<td>7AM Wake-up (Children 17 and younger not permitted) (O,B,NC,W) Harlem</td>
<td>7:30 AM</td>
<td>Miracle on 38th Street (O,B,GL,W) Midtown GMHC, (Between 8th and 9th Ave), 4th floor,room 04-025), 307 W. 38th St.</td>
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<tr>
<td>7:00 AM Wake-Up (O,B) East Village</td>
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<td>8:00 PM</td>
<td>Bleecker Street Tuesday (C,D) Soho St. Anthony of Padua, (bzw Houston and Prince Sts.), 155 Sullivan Street</td>
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<tr>
<td>12:15 PM (1 hour)</td>
<td>Lunch Break (C,To) Financial District True Light Lutheran Church, (Btw Mulberry and Mott Streets), 155 Worth Street</td>
<td>1:00 PM (1 hour)</td>
<td>Midtown Matinee (O,B,KJ) Harlem Church of the Incarnation, Side Entrance 2nd fl. (E 35th St.), 209 Madison Ave.</td>
</tr>
<tr>
<td>1:00 PM (1 hour)</td>
<td>Monthly 3 0’clock Group (O,B,RF) Herald Square St. Francis of Assisi Church - Education Building Room #2, (Btw 6th &amp; 7th Aves. Entrance to left of Church), 139 West 31st Street</td>
<td>1:00 PM (1 hour)</td>
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<td>1:00 PM (1 hour)</td>
<td>Living Free (O,B,BK,RF,ST,JK,CH) Harlem Town ‘n Village Synagogue, Ground Floor Auditorium, (Btw 1st &amp; 2nd Aves.), 334 E 14th St.</td>
<td>1:00 PM (1 hour)</td>
<td>Living Free (O,B,BC,CH) East Village Town &amp; Village Synagogue, Ground Floor Auditorium, (Btw 1st &amp; 2nd Aves.), 334 E 14th St.</td>
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<td>Living Free (O,B,BK,RF,ST,JK,CH) Harlem Church of the Incarnation, Side Entrance 2nd fl. (E 35th St.), 209 Madison Ave.</td>
<td>1:00 PM (1 hour)</td>
<td>Clean Start (O,RF,W) Washington Heights Church of the Crucifix, (Btw Amsterdam &amp; Convent Aves), 459 W 149th St</td>
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<tr>
<td>2:00 PM</td>
<td>Harlem’s House of Hope (O,RF,W) W 120s Harlem United, Ground Floor, (Btw 7th &amp; Lenox Aves), 123-125 W 124th St</td>
<td>2:00 PM</td>
<td>Manhattan 3 O’clock Group (O,B,RF) Saint Francis of Assisi Church - Education Building Room #2, (Btw 6th &amp; 7th Aves. Entrance to left of Church), 139 West 31st Street</td>
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<td>2:30 PM</td>
<td>Two &amp; Over (C,ST,W) W 120s Christian Parish House, Basement Side Entrance (Btw 122nd St), 2044 7th Ave.</td>
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<td>4:00 PM</td>
<td>Don’t Pick Up / Issues in Recovery (C,RF,W) E 110s Veterans Residence, (Btw 5th &amp; Madison Aves), 22 E 119th St.</td>
<td>4:00 PM</td>
<td>Steps to Life (O,ST,W) East Village Housing Works, (Btw Ave. C &amp; D), 743 E. 9th St.</td>
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<td>5:00 PM</td>
<td>Still a Miracle (C,RF,W) Private Building, 125 W. 109 St. side entrance</td>
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**Wednesday (Continued)**

<table>
<thead>
<tr>
<th>Time</th>
<th>Location</th>
<th>Activities</th>
</tr>
</thead>
<tbody>
<tr>
<td>6:30 PM</td>
<td>Uptown Men’s Meeting (C,M,RF,WC)</td>
<td>E 100s Union Settlement Center, (Between 2nd &amp; 3rd Avenues), 237 East 104th Street</td>
</tr>
<tr>
<td>6:30 PM</td>
<td>ABC’s to Recovery (O,B)</td>
<td>East Village All Saints Church, Basement, (Bwtn 2nd &amp; 3rd Aves), 206 E 11th St</td>
</tr>
<tr>
<td>8:00 PM</td>
<td>My Sister’s Keeper (O,W,ST,TO,D)</td>
<td>Harlem Pillars Recovery Center, (Between 124th &amp; 125th Sts, Lower Level), 289 St. Nicholas Ave. Women Only</td>
</tr>
<tr>
<td>8:30 PM</td>
<td>Men Living Clean, The Journey Continues (LCC,M,BK)</td>
<td>Washington Heights College Reformed Church, (Corner of Fort Washington), 729 West 181st Street Anniversaries are held on the third week of the month</td>
</tr>
<tr>
<td>8:30 PM</td>
<td>Men Supporting Men (C,M,RF)</td>
<td>Central Harlem St. Mary’s Episcopal Church, (Before Old Broadway &amp; Amsterdam Ave), 521 West 126th St.</td>
</tr>
<tr>
<td>8:30 PM</td>
<td>High on Life 1 (O,RF,WC)</td>
<td>E 100s East River Houses Community Ctr., (Btwn 1st Ave &amp; FDR Drive), 404 E 126th St.</td>
</tr>
<tr>
<td>9:00 PM</td>
<td>Recuperation 1 East Side (B,RF,BL,WC)</td>
<td>Harlem Lower East Side 200 Madison st., (Rutgers Street Community Center), 200 Madison St. 7:30 PM New Attitudes (C,ST,W) W 120s Christian Parish House, Basement Side Ent., (@ W 122nd St), 2044 7th Ave. 3:30 PM ABC Steps to Recovery (O,ST) East Village All Saints Church, (Bwtn 2nd and 3rd Ave), 206 East 11th St. 8:30 PM 7AM Wake-Up (Children 17 and younger not permitted) (O,B,NC,WC) W 150s Ready Willing &amp; Able, (@156th St), 2960 8th Ave 9:00 AM Early Morning Serenity (B,RF,WR) E 100s Church of Resurrection, (Between 1st and 2nd Ave), 275 East 101st Street 10:00 AM Mid AM Recovery (Children under 18 not permitted) (O,RF,NC) Harlem Ready Willing And Able Building Cafeteria, (Bwtn 156 &amp; 154), 2960 Frederick Douglass Boulevard 10:00 AM Recovering in Washington Heights (C,R,B,R) Washington Heights East Village College Reformed Church, (Between 2nd and 3rd Ave.), 223 East 117th St. Limited capacity</td>
</tr>
</tbody>
</table>
Saturday (Continued)

2:00 PM
Life Begins Again (O,B,WC)
East Harlem
Jefferson Community Center, (@ 113th St.), 2205 1ST AVENUE

3:00 PM
Soho Serenity (C,BK,JT,NC,WC)
Soho
Hazeldon, (Btwn Canal and Lispenard St.), 283 West Broadway

3:00 PM
Stepping in the Mix (C,RF,WC)
Rev John J Sass Plaza, 1st fl Back Rec Rm, (Btwn 8th Ave and McCombs), 267 W 152nd St

3:00 PM
The Journey Continues Group (C,BK,NS,WC)
Washington Heights
Senior Citizen Center, (Near West 201st), 3782 10th Avenue

4:30 PM
Westside Serenity (C,RF)
Holy Name Church, Basement, (Btwn Bway & Amsterdam Ave), 207 W 96th Street

5:00 PM (1 hour and 15 minutes)
Women on The Journey (C,W,St)
East Village
Marion Agnes House, 2nd floor, (Between Ave A & B), 206 East 4th Street

6:00 PM
Serenity on Saturday (C,GL,RF,NS,NC)
Greenwich Village
LGBT Center, 208 West 13th Street room 207

6:30 PM (1 hour)
Angels with Dirty Faces (LC,C,NC)
West Park Presbyterian Church, (Between Amsterdam & Columbus Aves.), 165 West 86th Street

6:30 PM
It Can Be Done (Children under 18 not permitted) (C,B,NC)
Ready, Willing & Able - Harlem, (@156th St), 2960 Frederick Douglass Blvd

7:30 PM
West Side en Recuperacion (O,ES,B,St,Tr)
St. Elizabeth Church, 268 Wadsworth Avenue

8:00 PM
Freedom From Addiction (O,RF,WC)
Peter J Sharp Residence, Basement, (Btwn 2nd & 3rd Aves), 223 E 117th St

9:00 PM
Hell's Kitchen (C,St)
Trinity Presbyterian Church, (Btwn 9th & 10th Aves), 422 W 57th St

NYCASC Meeting Info:
2:00 PM, third Sunday of every month
12:30PM for Steering Committee
Greater New York Regional RSO
154 Christopher Street, Suite 1A
(Between Washington & Greenwich)
Manhattan, NY 10014

MASC Meeting Info:
10:00 AM, first Saturday of every month
EM Moore Houses
(Basement)
160 W 116th St
Manhattan, NY 10026